

Committee Secretary  
Inquiry into Better Support for Carers  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth  
PO Box 6021  
Parliament House  
CANBERRA ACT 2600

Submission No. 1098

(Inq into better support for carers)

Dear Secretary

Doc 28/7/08

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

because I feel that insufficient money is designated to this section of Govt commu-  
-ity the Gov. will have much greater  
expertise, of elderly folk

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is... <sup>was</sup>

To enable my husband during  
his sunset years to have the com-  
fort and security of his own home.

It is very important for each person  
to realize - older age will surely come  
whether we wish or not

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

Caring is not an 8hr day - it is a 24hr  
shift every day, therefore carers do  
need sufficient funds to be able to employ  
other carers to care for their loved one  
so that they can have some respite

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

The necessary support depends entirely at what standard of health the base has as the years roll away, one becomes shocked at how one is not like one used to be, & very minor tasks become difficult.

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

Honouring their Election Promises, By aiding the development of carers' groups where carers are taken out to lunch once per month - the company of others with problems - now shared helps the morale of each one - and the load sheds 1/2 its weight.

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Signature

Print your name

(MRS) M.L. (GAY)

Date

25/6/08

Postal Address

Contact Telephone Number

P.S. I know, I have walked this road.