

**Sample Submission**

[Insert date]

24.6.08

[Insert your address]

[Insert your contact phone number]

Secretary  
Inquiry into Better Support for Carers  
Standing Committee on Family, Community, Housing and Youth  
PO Box 6021  
House of Representatives  
Parliament House  
CANBERRA ACT 2600

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

You might wish to use any or all of the following starting points in your submission:

My role as a carer is... LOOKING AFTER my Husband 24 hrs a day  
I contribute to society by... Being there for him. for 5 yrs  
I think this should be recognised by... PRAISE MORE care places

My caring role affects my life by... Making me a mother at 76 to an  
I find it difficult financially because... of the extras we provide 82 year old child  
The barriers I experience as a carer in finding and/or retaining employment are... NOT APPLICABLE TO ME

The practical measures that would better support me are... MORE HOURS OF  
This support would assist me to... BE MORE PATIENT. RESPIRE

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing the recommendations you make in order to improve support for carers.

Yours sincerely

[Sign your name – if a hard copy]

[Type or clearly print your name]

PLEASE CONSIDER A B TYPE OF ACCOMODATION  
BETWEEN THE NOT ENTIRELY AFFECTED PATIENT  
& the ones that can only sit in a chair.  
THERE IS NO TRANSIENT ACCOMODATION FOR  
THESE PEOPLE.