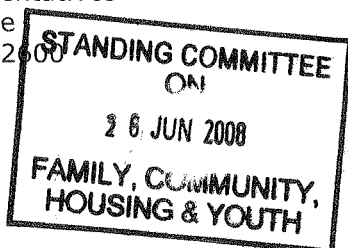


Committee Secretary
Standing Committee on Family, Community, Housing and Youth
PO Box 6021
House of Representatives
Parliament House
CANBERRA ACT 2600
AUSTRALIA



Submission No. 479

Inq into better support for carers

A.O.C. 2/7/08

Dear Secretary

[Insert date here]

24-6-08

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

As a Carer, I feel that my role is

undervalued or not valued at all by our government or the community.

I face the following problems ...

being physically, mentally and emotionally drained with no help or support. A recent appt at the GP's resulted in being told "You are a strong woman you will manage." Where am I supposed to get support.

I need help with ...

health issues, financial support and providing quality care for our aged citizens.

I think the Government can better help Carers by ...

acknowledging that not all carers live with the person they care for. Aged Care is seriously under funded. Children of aged persons on a sole parent pension are required to work 15hrs per week, do all the jobs done normally by two parents and care for their

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for Carers in Australia.

It is an impossible task which leads to depression and other health issues

Yours sincerely
[Sign your name here]

[Type or clearly print your name here]

Inquiry into Better Support for Carers

House of Representatives Standing Committee on Family,
Community, Housing and Youth

Stephanie