

Committee Secretary
Standing Committee on Family, Community, Housing and Youth
PO Box 6021
House of Representatives
Parliament House
CANBERRA ACT 2600
AUSTRALIA

Submission No. 406
(Inq into better support for carers)
A.G.C. 2/7/08

[Insert date here]

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

As a Carer, I feel that my role is

ensure person cared for is monitored for safety (falls), constant trips to specialists to check/maintain health, provided with food and general care

I face the following problems ...

- ① Diminishing of my own health due constant negativity/criticism ^{by} other - kidneys deteriorated, thyroid diminished
- ② feel trapped - can NOT live my own life -
- ③ financial deprivation - unable to work - even part time

I need help with ...

greater contact for person cared for - have 1 day out - otherwise isolated with me (daughter), more freedom for self
volunteer/someone spend time

I think the Government can better help Carers by ...

Acknowledging financially the vast sums saved them by other caring
Put money where mouth is!

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for Carers in Australia.

Yours sincerely
[Sign your name here]

Rosemary

[Type or clearly print your name here]

Inquiry into Better Support for Carers

House of Representatives Standing Committee on Family,
Community, Housing and Youth