

## Submission No. 261

(Inq into better support for carers)

A.O.C. 30/6/08

**From:** Pat  
**Sent:** Friday, 20 June 2008 8:22 AM  
**To:** Committee, FCHY (REPS)  
**Subject:** Carers

HOUSE OF REPRESENTATIVES COMMITTEE

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Carers need more support at home eg Respite care cannot be obtained on a regular basis eg a few hours every week is not adequate. At present it is only available on an irregular basis. Inadequate Long day care eg Burwood Strathfield have a very very limited service For a working carer there is nowhere that opens from 7.30am and going through to 6pm What is available opens around 10am and finishes at 2pm a few days pw. Many Years ago Mayflower Village at Westmead ran an excellent service for working carers. The Patient could be dropped off early in the morning. They could have breakfast and their shower and stay till 6.30pm for a very reasonable charge. Activities were also provided and it was not restricted to the elderly only. No other service has replaced this one.

What is needed is long day care that is charged at a reasonable rate and more respite care services.

Patricia