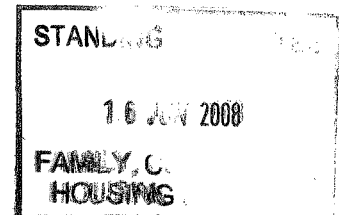


Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
PO Box 6021
Parliament House
CANBERRA ACT 2600



Submission No. 152
(Inq into better support for carers)

A.O.C. 25/6/08

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

I FEEL STRONGLY ABOUT MY ROLE
AS A CARER FOR MY PSYCHOLOGICALLY
DISABLED HUSBAND

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

VERY DEMANDING UNDER ESTIMATED
HIGHLY STRESSFUL AND NEVER ENDING

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

LIMITED MOBILITY, STRESS, ANXIETY,
DEPRESSION

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

INFORMATION / COUNSELLING / UNDERSTANDING
GUIDANCE.

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

CONSULTATION / LISTENING / BELIEVING
AND BETTER FINANCIAL ASSISTANCE

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

MARGARET

Print your name

8/6/08

Date