

DOC 4/8/08

Submission No. 1152

Committee Secretary  
Inquiry into Better Support for Carers (Inq into better support for carers)  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth  
PO Box 6021  
Parliament House  
CANBERRA ACT 2600

STANDING COMMITTEE  
ON  
2 - JUL 2008  
FAMILY, COMMUNITY,  
HOUSING & YOUTH

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

BEING A CARER HAS BEEN A STRAIN, I STARTED TO  
DO A COUPLE OF WORKSHOPS AND FOUND THEM TO  
BE OF GREAT BENEFIT. WITH MORE SUPPORT FROM  
THE GOVERNMENT, TO ENABLE MORE CARERS TO GET SUPPORT

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

TO TAKE CARE <sup>OF</sup> MY HUSBAND'S PHYSICAL + EMOTIONAL  
NEEDS

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

FINANCIAL STRESS MEANS WE ARE UNABLE TO DO  
THINGS TOGETHER, MY HUSBAND IS A CONSTANT  
WORRY, I NEED RESPIRE CARE BUT FINANCIALLY I  
AM UNABLE TO GET AWAY

More information is attached on a separate sheet

**3. The practical measures required to better support carers**

As a carer, I need help with ...

WITH GARDENING, COUNSELLING, SUPPORT GROUPS, AND  
TIME OUT.

More information is attached on a separate sheet

**4. Strategies to assist carers to access opportunities and choices**

I think the Government can better help carers by ...

By SUPPORTING EACH CARER WITH A CASE MANAGER  
AS EVERYONE HAS DIFFERENT NEEDS.

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Signature

Print your name

MR BARBARA

Date

28-6-2008