

27 June 2008

Ms Debra

Ms Annette Ellis MP  
Committee Chair  
Inquiry into Better Care for Our Carers  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth  
Parliament House  
CANBERRA ACT 2600

Dear Ms Ellis

As a Carer, I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Care for Our Carers.

As a carer, I provide the following support .... transport, home care, emergency needs & travel assistance & general home assistance.

I face the following problems ... running my own business & care for my mother.

I can't fully participate in social activities because ... my time is limited.

I am financially struggling because of ... running my own business if I don't work I am unable to provide the required income.

I need help with ... shopping, transport & general home assistance

I would like to work (full-time or part-time) but have the following issues to deal with ...

I need assistance to ...

I worry about my future because ... the needs will increase as my mother gets older.

The things that cause me stress are ... making sure my mother's needs are met.

I think the Government can better help Carers by ... assisting places like The Parkside Foundation support groups.

Thank you for taking my views into consideration as part of the Committee's Enquiry. I look forward to reading the report and reviewing any recommendations you make to improve life for Carers in Australia.

Yours sincerely

**Debra .**