

Submission No. 18
(Inq into Obesity)

AE 16/05/08

Sent: Wednesday, 14 May 2008 11:51 AM
To: Committee, HAA (REPS)
Subject: submission - obesity inquiry.

Hi just thought you might like my opinion.

I am overweight & desperate to lose weight. But I need help. It is very frustrating to me (& probably to many others who wish to lose weight) that there is nowhere I can go that will support my decision financially to lose weight. We are a single income family struggling with interest rate increases, petrol prices & the growing everyday cost of living, & trying to raise & support 4 children. We are BROKE & on the edge of losing our home. I am struggling to pay \$50 month so that I can be pro-active by going to the gym & exercising & taking my life & my health in my own hands. But this is killing us financially.

It seems to me that with the amount that the government spends on illness related to obesity which are many & varied, why not support the people who want to lose weight, who want to be healthier, so that they are not inflicted with these diseases in the first place. surely this would have to be a cheaper option for the country!!! for example my Gym is \$50 month & I wanted to go on (eg) the Tony Ferguson weight loss program which is also around \$50 month. I cant afford it. surely, by recommendation from our GPs we could be financially supported for our efforts so that both myself & the countries tax payers could "tighten our belts"!!!

Thanks for listening