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Original Message

From: [redacted]

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To: [redacted]

Subject: breastfeeding / amputation etc

I would like to send in my view of breastfeeding from my own experience. Not sure if I am posting this to the right place though???

Anyway, I breastfed my daughter for 2 years. Initially I found it very uncomfortable and didn't know how long I could keep going. Thankfully, my doctor recommended contacting the ABA (Australian Breastfeeding Association), they helped, guided and supported me immensely. Don't know what I would have done without them.

The breastfeeding became very easy after 2 months and I reached my goal of 2 years, as recommended by the World Health Organisation. My daughter rarely needed to see a doctor in that time for colds, etc. I strongly believe the anti-bodies in my milk protected her and will provide long term health benefits, including protecting against obesity.

Janice McCormack

P.S. Please let me know if this email needs to be sent elsewhere?

Send email messages to your child's doctor only. An appropriate number of...