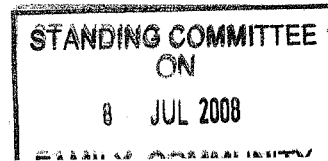


Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
PO Box 6021
Parliament House
CANBERRA ACT 2600



Submission No. 1101
(Inq into better support for carers)

Dear Secretary

AOC 28/7/08

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

I am a carer for my husband who is
in his 98 year, and me 74 year and I find it
can be all too much, I am on depression Hapers
and high blood pressure I feel He never be the same.

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

As a carer, it ~~is~~ never lets up, I only have to
come in to his room to be asked to do some thing.
Every time, he is in quite good health. it certainly
pull me down. I have lost 15 to 20 kg in the last
2 years with the depression in fact friends tell me it is
killing me.

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

I have given up bowls, ^{and other} ~~Barany~~ night out
and days shopping in Albany & Wongahalla.
for the last 12 months or so, I loved care night
out. and had to give up that. Some times

25-6-08

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

I need personal care ~~for~~ for my husband
I have help with house work. I have help with
gardening. My husband for appointment
and ~~procuratory~~ ~~resce~~ to A.C.H.A.S.

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

more funding by the government. to provide
in - creased services like rest like transport
at home and help at home and activities
out side the home the person being cared for

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Nola

Signature

Print your name

NOLA