

STANDING COMMITTEE  
ON  
25 JUN. 2008  
FAMILY, COMMUNITY,  
HOUSING & YOUTH

SONIA

(Insert your address and contact phone number here)

Committee Secretary  
Standing Committee on Family, Community, Housing and Youth  
PO Box 6021  
House of Representatives  
Parliament House  
CANBERRA ACT 2600  
AUSTRALIA

Submission No. 342  
(Inq into better support for carers)  
A.O.C. 1/7/08

17/6/08  
(Insert date here)

Dear Secretary,

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

As a Carer, I feel that my role is ....

a 24 hour job to keep them alive and well cared for

I face the following problems ...

Emotional exhaustion - in caring for the mentally ill.

I need help with ...

Psychological issues facing the severe responsibilities made upon carers.

I think the Government can better help Carers by

providing support for organisations like ARAFM. (Mental Health in WA) to assist in the emotional & physical area of the carers.

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for Carers in Australia.

Yours sincerely  
[Sign your name here]

Also avoid hospital care where a mentally ill person can "drop in" and feel safe & get support