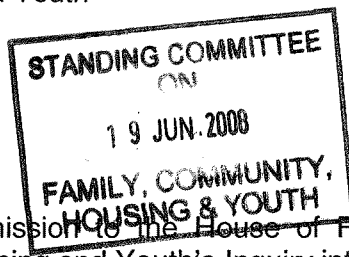


Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
PO Box 6021
Parliament House
CANBERRA ACT 2600

Submission No. 282
(Inq into better support for carers)

A.O.C. 30/6/08



Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

We, the carers ~~are~~ in the first place are unaware of the fact that the areas in which the carers Victoria is supporting the carers and also ~~it~~ I am interested to know ~~two~~ ^{different} ways in which the carers are getting assistance in recognition of their contribution

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

Very important and restless. Always I have to accompany the person I care for - ~~even~~ for eg. attending regular clinics at the hospital, giving the medication on time, preparing meals to suit their health, and constantly watching any changes in their health and watching movements in the night especially during their visits to the toilet etc.

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

I cannot attend any social activities leaving the person I care for because of the fact that there is no one else in ~~the~~ my house to look after him at least for a few hours. If I take him with me ~~to~~ he cannot stay with me and he cannot patiently wait with me mainly for the reason that I'll not let him eat everything he ~~can~~ likes. The same reason applies to my economic participation too. At the same time the Govt. too restricts the number of ~~working~~ hours for carers.

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

some job training to enable me to obtain a job
or help me to obtain a job like typing that could be
done at home without leaving the person I care for. with
this way I can earn some money and the additional income help
me a lot. Also I need help financially to buy a computer
with internet connection so that both of us can get to
know what is happening around us in the outside world.

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

bringing ^{down} the cost of medications, ~~cheaper drugs~~ low parking fees
therapists' such as physio, chiro, hydro, ^{Gymn} etc charges
should be funded by the Govt for carers. Providing free
transport as the carers have to drive the person they care
for, very often to the doctors, shopping, saloon and other
places like cinema, bank, ~~the~~ church etc.

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

RAJANESAM

Print your name

13-06-08

Date