

Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
PO Box 6021
Parliament House
CANBERRA ACT 2600

Submission No. 1015
(Inq into better support for carers)

Dear Secretary

Doc 28/7/08

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

There are many things that need to be addressed in respect of carers.

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

To care assist support (both physical + mental) ^{supply} transport for my husband who has had a stroke.

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

Isolation from my own interests
Stress
Frustration with not knowing how best to get ~~the~~ the best quality of life for us both.

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

Respite care occasionally - to be readily accessible.
More programs to stimulate aged and disabled
care recipients

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

Improving the availability of ~~counsellors~~ counsellors
Living + Activity centres which cater to the various
levels of disabilities suffered.

Checking if the carer family need extra
financial help with aids & equipment needed
by recipients.

More information is attached on a separate sheet

Carers of working age need a superannuation program
to be in place for their later in life needs, if ~~to~~
employment is not possible currently.

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

MELVA
Print your name

30-6-08
Date