

Committee Secretary  
inquiry into Better Support for Carers  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth  
PO Box 6021  
Parliament House  
CANBERRA ACT 2600

Submission No. 343  
(Inq into better support for carers)

A.O.C. 1/7/08

STANDING COMMITTEE  
ON  
25 JUN. 2008  
FAMILY, COMMUNITY,  
HOUSING & YOUTH

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

I am the Primary Carer for my  
~~92~~ 92 year old mother, who if I were  
not prepared to look after her would  
have to be in a home

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

~~Grassly~~ Enabling an elderly person to  
stay in her own home, which is what  
most elderly people want to do. However  
~~there~~ <sup>this</sup> has been at personal cost to my  
own life.

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

Very limited social life, due to  
the fact that a "carer" has to be  
arranged everytime I want to go out.

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

For my mother I need help with:  
Personal care, house work  
appointments.

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

Recognising the social of carers &  
careers - just the "domestic" is not enough.  
Social time formally acknowledged  
the same as showering, vacuuming  
& appointments.

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

R.

Print your name

20/6/08

Date