

Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
PO Box 6021
Parliament House
CANBERRA ACT 2600

A.O.C. 26/6/08
Submission No. 177
(Inq into better support for carers)

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

*I am aware how difficult it can be, at times,
to get access to the best possible help available
for individual circumstances.*

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

More information is attached on a separate sheet



3. The practical measures required to better support carers

As a carer, I need help with ...

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

MORIA

Print your name

11th June '08.

Date

Submissions re Carer Support.

I am no longer an active carer, but still belong to a Carer Support Group, as a supporter of other & newer carers, who need help.

I began my carer role before my eighteenth birthday (1924) when my mother was stricken with rheumatoid arthritis & no longer able to fully care for the family (5). Only to be followed by my father becoming virtually bed ridden for 14 years, due to research he did during the war, until he died in 1959. There was little assistance at that time, apart from the Repatriation Dept. as he was a T.P.I. soldier. My mother, in time, became a nursing home inmate.

I finally married & had 2 children rather late in life. But my caring role continued when my husband had a stroke in 1996, followed by a more severe one in 1998, needing 24 hr full care.

By now there were a number of agencies offering assistance in different forms, several of which helped me - District Nurses, Guide Dogs, diabetic services etc. I am aware the phone books list agencies, some liaise with others & there are some brochures in doctors' surgeries, rehab. & day care centres, but none that I am aware of listing all such facilities in one place.

My submission therefore, is that a complete list be available from an umbrella organisation, either federal &/or state, freely available in a number of accessible places, such as hospitals, rehabilitation centres, doctors' rooms, carer groups etc. Many people become overwhelmed when they suddenly become responsible for someone who needs care, either full time or part time, & do not always know where to turn, when in fact there is, in all probability, that body needed help
OUT THERE!

India