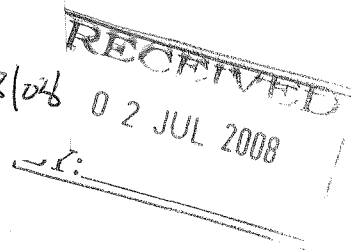


Submission No. 711 MC
(Inq into better support for carers) 21/8/08



27 June 2008

Mrs Mary

Ms Annette Ellis MP
Committee Chair
Inquiry into Better Care for Our Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
Parliament House
CANBERRA ACT 2600

Dear Ms Ellis

As a Carer, I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Care for Our Carers.

As a carer, I provide the following support *24 hours a day.*

I face the following problems ... *Time to be alone or with others who also care for a loved one.*

I can't fully participate in social activities because ... *My Husband needs company + friendship.*

I am financially struggling because of ... *managing! Watching every dollar I spend.*

I need help with ... *gardening & heavy duties.*

I would like to work (full-time or part-time) but have the following issues to deal with ...

being is now my job.

I need assistance to ... *Mix with other carers + sharing ideas,
giving strength to each other.*

I worry about my future because ... *I have no idea how I will cope,
Just take life day by day, & try to do it right.*

The things that cause me stress are ... *is dealing with the future coming
watching my loved one getting worse.*

I think the Government can better help Carers by ... *giving carers time out &
perhaps outing for a day for patients.*

Thank you for taking my views into consideration as part of the Committee's Enquiry. I look forward to reading the report and reviewing any recommendations you make to improve life for Carers in Australia.

Yours sincerely

Mary