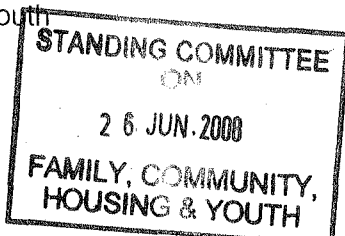


Committee Secretary  
Inquiry into Better Support for Carers  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth  
PO Box 6021  
Parliament House  
CANBERRA ACT 2600

A.O.C. 7/7108  
Submission No. 530  
(Inq into better support for carers)



Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

5 years ago I was thrown into a carer role for my 13 year old daughter who due to circumstance ended up with a mental illness.

More information is attached on a separate sheet

**1. The role and contribution of carers in society**

As a carer, I feel that my role is...

to provide and maintain a quality of life for anyone in care to aide them to be able to engage in all aspects of life. To make others aware how difficult life can be for the carer and the patient.

More information is attached on a separate sheet

**2. The barriers to social and economic participation for carers**

As a carer, I face the following problems ...

lack of understanding and compromise from people in authority eg: school principals, teachers, Centre link were of no positive help at all, they only created more harm and stigma

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

Funding, access to support agencies, groups etc, financial assistance on all levels, education so we as carers can give the best care possible, with a quality of life (every persons right)

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

CAMHS-Funding, financial assistance (centre link) <sup>FREE</sup> understanding, education, programs and increased CAMHS funding, educate the parents/carers of children + TEENS with mental health issues, help us to help them !!!

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Signature

IRIS

Print your name

Date

18-6-08