

Submission No. 73

(Inq into better support for carers)

A.O.C. 16/6/08

Sue

6th June 2008

The Secretary
Inquiry into better support for Carers
Standing Committee on family, Community, Housing and Youth

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers;

My role as a carer is to support emotionally, and physically my husband who has chronic back pain, depression, diabetes and related illnesses.

I contribute to society by being there for him, to allay fears he has, to talk him down or up as needed, to support him, and to take him places when he is in so much pain he can't drive himself.

I think this should be recognised by a bigger allowance fortnightly, more support services for carers and the fall between the crack people needing care. .

My caring role affects my life by I am not well, I am stressed out, I am with him 24/7, I find it difficult financially because I can't work because I am stressed and make mistakes and worry about him being at home, by himself, using electrical equipment alone,

The barriers I experience as a carer in finding and/or retaining employment are because I feel distracted working when he is home.

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing the recommendations you make in order to improve support for carers

Yours sincerely

Sue