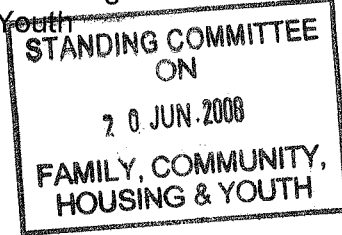


Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
PO Box 6021
Parliament House
CANBERRA ACT 2600

Submission No. 270
(Inq into better support for carers)

A. O. C. 30/6/08



Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

As a single carer and with no responsible family ties I am exhausted and frustrated by the systems in place to support carers.

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

To be able to be a constructive individual and support to my young adult.

To support my young person to accomplish the same opportunities and access that all people have.

To attain choice.

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

Being able to care when unwell myself. Accessing services. Unable to procure what young person wants.

Inability to find and maintain steady employment.

Being so exhausted that you can't engage social activities for yourself/young person.

Financial constraints.

Maintaining relationships.

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

*Navigating DHS. Day to day running of household
Opportunities to regularly procure & sustain
respite. Home modifications.
Having resources available to young person for own
choice. Greater financial assistance.*

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

*Providing greater Shared Supported Accommodation
opportunities for young adults.
Greater financial assistance
More respite hours/facilities
Access to public housing residences
Funds that are supportive More information is attached on a separate sheet
for families take holidays.*

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Print your name

Herry
Date

17.6.08