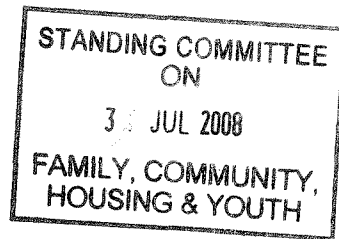


Committee Secretary
Inquiry into Better Support for Carers
House of Representatives Standing Committee on Family,
Community, Housing and Youth
PO Box 6021
Parliament House
CANBERRA ACT 2600



Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

This submission is from the Carer's & volunteers who support residents in an nursing home.

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

Primarily to be there for the person being cared for to provide support & attend to their needs & to brighten up their day

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

Having someone to "fill in" to give the carer a break. The cost involved in paying for 'in home' respite & the structures involved, taking away spontaneity eg. going for a walk, reading, cost of transport is a factor today. Safety of carer? when taking time out.

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

Socialisation - being a carer limits social functions & may be lonely. The isolation of caring in rural areas exacerbates this need for company.

Caring properly needs a reward.

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

More publicity - perhaps info sent right to peoples homes on what supports are available and how to access these supports.

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

M. L.
Signature

- SOCIAL WORKER

MARJORIE
Print your name

24 / 6 / 85
Date

Postal Address

Contact Telephone Number