

Committee Secretary  
Inquiry into Better Support for Carers  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth  
PO Box 6021  
Parliament House  
CANBERRA ACT 2600

Submission No. 436  
(Inq into better support for carers)

ST	A.O.C.	2/7/08
30 JUN 2008		
FAMILY, COMMUNITY, HOUSING & YOUTH		

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

I am a carer for my husband who has Parkinson's D. His condition requires me to be on call 24/7 to ensure his safety and drive him to appt's etc etc.

More information is attached on a separate sheet

**1. The role and contribution of carers in society**

As a carer, I feel that my role is...

To look out & care for my husband and enable him to have a good quality of life. My role enables him to be with me therefore we do not rely on outside (government) facilities.

More information is attached on a separate sheet

**2. The barriers to social and economic participation for carers**

As a carer, I face the following problems ...

I am no longer able to participate in the work force. This makes us reliant on Pension and semi self funded monies. I really feel socially isolated and lacking in my self confidence as I am unable to mix with the wider community.

More information is attached on a separate sheet

**3. The practical measures required to better support carers**

As a carer, I need help with ...

I need assistance with my caring to enable me to be "myself" at times not only the wife of a man with P.D. Social support to enhance his life + mine is needed not only mingling with fellow sufferers. All people need  More information is attached on a separate sheet social interaction

**4. Strategies to assist carers to access opportunities and choices**

I think the Government can better help carers by ...

By recognizing the care given as being important to all society and support in the "momies" that we forgo to care as I am a prof person who can no longer apply my skills + experience

More information is attached on a separate sheet

Thank you for putting my views into consideration and the committee will look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Margaret  
Print your name

20/6/08  
Date