

Committee Secretary
 Standing Committee on Family, Community, Housing and Youth
 PO Box 6021
 House of Representatives
 Parliament House
 CANBERRA ACT 2600
 AUSTRALIA

Submission No. 405
 (Inq into better support for carers)
 A.O.C. 2/7/08

[Insert date here]

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

As a Carer, I feel that my role is

VERY EXHAUSTING AS I CARE FOR MY HUSBAND 24 HOURS
 A DAY, ALTHOUGH HE DOES HAVE RESPIRE. AT THE MOMENT HE
 REFUSES TO HAVE RESPIRE IN HIGH CARE DUE TO THE LACK OF COMMUNICATION
 WITH THE PEOPLE WITH DEMENTIA AND THEIR NOISES DISTRACT HIM.
 I face the following problems ...

THE REASON I AM HAVING PROBLEMS WITH MY HUSBAND IS, THAT, HE
 IS STILL ABLE TO COMMUNICATE WITH PEOPLE SINCE HIS STROKE
 12 YEARS AGO ALTHOUGH HE HAS EARLY DEMENTIA AFTER STROKE

I need help with ...

I WOULD APPRECIATE A RESPIRE FOR MY HUSBAND, AND OTHER
 CARERS TO BE ABLE TO HAVE THE GOVERNMENT ADVISE AND BUILD
 PLACES FOR PEOPLE WHOM ARE STILL ABLE TO COMMUNICATE, ALTHOUGH
 THEIR BODIES ARE VERY FRAIL SUCH AS MY HUSBAND IN HIGH CARE
 I think the Government can better help Carers by ..AN INCREASE IN THE CARERS ALLOWANCE
 e.g. \$200 PER FORTNIGHT
 I THINK THERE NEEDS TO BE MORE SUPPORT IN THE HOME SITUATION
 e.g. extra HOURS FOR THE CARER SO THE PERSON IS ABLE TO GO AWAY
 FOR A LONGER BREAK. I FIND I DESPERATELY NEED A BREAK AT
 LEAST EVERY 8 WEEKS, FOR 2 WEEKS AWAY OR MORE AS I BECOME EXHAUSTED
 DUE TO MY HUSBAND BETTING UP CONTINUALLY DURING THE NIGHT AND DAY
 Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to
 reviewing any recommendations you make to improve life for Carers in Australia.

Yours sincerely

[Sign your name here]

[Type or clearly print your name here]

PAMELA

Inquiry into Better Support for Carers

House of Representatives Standing Committee on Family,
 Community, Housing and Youth

PLEASE, GIVE MORE ASSISTANCE TO ALL THE CARERS AS I ATTEND
 THE CARERS MEETINGS AND I AM ASTOUNED TO HEAR OF THE CARERS ON GOING
 SERIOUS PROBLEMS, I UNDERSTAND MANY OF THE SITUATIONS AS I WAS NURSING
 FOR 40 YEARS IN GENERAL NURSING, MIDWIFERY, GERIATRIC AND WITH PEOPLE
 WHOM HAD DEMENTIA AND THE T...