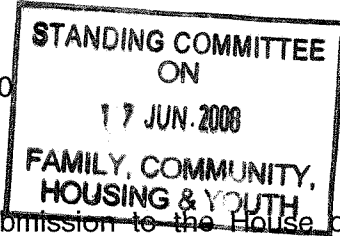


Committee Secretary  
Inquiry into Better Support for Carers  
House of Representatives Standing Committee on Family,  
Community, Housing and Youth  
PO Box 6021  
Parliament House  
CANBERRA ACT 2600



Submission No. 213  
(Inq into better support for carers)  
A.O.C. 27/6/08

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because... LIFE IS FOR LIVING.

WHILE DAVID STILL has a life, I would like to let him live it as normal  
as possible, be pleasant and happy, take him for long drives and out to dinner  
so he is not isolated, or depressed.

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is... Seven days a week - 24 HRS A DAY

To keep my husband at home as long as possible, with love  
understanding and support as he is happy in his own home.  
To keep all medical appointments (some are 45 minutes drive)  
make sure all medication is taken, and he is comfortable.  
Avoid moodiness, needs to be occupied.

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ... Sometimes too tired to drive,  
ISOLATION,

NOT HAVING COMPUTER for Internet, to learn more  
about HUNTINGTON'S DISEASE, or as problems arise, to  
know how to deal with them, or at least expect them.  
as they occur. Maybe help David also to use for stimulation  
of brain.

More information is attached on a separate sheet

**3. The practical measures required to better support carers**

As a carer, I need help with ...

Depression

ANXIETY

ISOLATION

FINANCES (FOR EXTRAS and rising costs)

VENUES for meetings to be closer to home - (same suburb if possible)

More information is attached on a separate sheet

**4. Strategies to assist carers to access opportunities and choices**

I think the Government can better help carers by ...

Subsidising purchase of Computers and training lessons.

Petrol vouchers - for appointments (Petrol is very expensive)

MASSAGE vouchers

Retain Bonus allowance - this helps for major repairs to home

and car. breakdowns and maintenance

With rising costs \$50 per week extra - (for a couple of luxuries) being trips  
Drives for David, and dinner out at restaurants, visit to his family.

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

MARGARET

Print your name

13/6/08

Date