

Committee Secretary  
 Standing Committee on Family, Community, Housing and Youth  
 PO Box 6021  
 House of Representatives  
 Parliament House  
 CANBERRA ACT 2600  
 AUSTRALIA

18 July 2008

[Insert date here]

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

As a Carer, I feel that my role is ....

To help my 2 sons, aged 54 & 50 yrs, whenever asked & whenever I see a need - which I do to the utmost of my ability.

I face the following problems ...

I was advised by St Charles Hospital 20 yrs ago to live in Independent Living - which I do. I am still

their Primary Carer & on call 24 hrs per day - but they never ring me after 9 PM - so I am "lucky" I still drive at age 81 yrs. Their father was living in Melbourne for last 20 need help with yrs. I live alone in this Retirement Village.

More time spent with my 2 sons who live together in Homeswest unit in Fremantle. They receive approx

4 hrs per week help from both Home Care Services & help with outings approx 3 times a month from Fremantle City Council. They I think the Government can better help Carers by no get forced at weekends & on holidays but I do my best to help.

Trying to realise the job we do. Because I don't live with my 2 sons, I am not entitled to any allowance. But I am available for them 24 hrs

They work 8.30 to 3.30 five days at Hotel Business Services. a day.

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for Carers in Australia.

Yours sincerely

[Sign your name here]

[Type or clearly print your name here] RONA

### Inquiry into Better Support for Carers

House of Representatives Standing Committee on Family,  
 Community, Housing and Youth

Their father & I have been divorced 30 yrs.