

Committee Secretary
Inquiry into Better Support for Carers

Submission No. 39

(Inq into better support for carers)

A.O.C. 12/6/08

Dear Secretary

I wish to make a submission to the House of Representatives Standing Committee on Family, Community, Housing and Youth's Inquiry into Better Support for Carers.

I am submitting to the Inquiry because...

Of the lack of help, money and support from therapists that want to help but get funding to do what they can, plus I think one of the reasons that carers don't get the help they need is because whether governments help them or not the carers are still going to care for their loved ones. plus another reason is that governments don't help like they should is that they are a million miles away from where family carers are, governments just put family carers into the hard to do basket because they think it's too hard and too much money to do something about and the government are lucky that there are big hearted family carers out there otherwise they would be in strife.

More information is attached on a separate sheet

1. The role and contribution of carers in society

As a carer, I feel that my role is...

To care for my family member to best of my ability and to make their life as comfortable as possible and help them with their mental and physical side of things and try to bring happiness and the feeling of security and stability in their life as well be the best advocate for them and other people and children with disabilities and their carers.

More information is attached on a separate sheet

2. The barriers to social and economic participation for carers

As a carer, I face the following problems ...

The lack of money and the emotional bond they have with the person they are caring for stops carers from doing more of the things that other people take for granted like

holidays,time to themselves,relationships and other things like socializing with other people other than other carers,there's respite if you are lucky to get it but the problem is you rest physically but mentally you stress heaps more because the lack of good and experienced carers that work in these facilities.

More information is attached on a separate sheet

3. The practical measures required to better support carers

As a carer, I need help with ...

More respite centres that have trained care workers that know how to look after both the physical and mental needs of the people that they are caring for,more help financially with nappies and continence supplies,to make it easy to obtain aids and equipment that people with disabilities need to make their life more comfortable and in turn that will help the carer as well,plus transport is a major issue for the appointments to doctors, therapists and for socializing and getting out now and then.

More information is attached on a separate sheet

4. Strategies to assist carers to access opportunities and choices

I think the Government can better help carers by ...

Putting people in charge of policies that understand the plight of family carers who do a job that is sacrificing and selfless which put them in the hero status,the life of a family carer is tuff and it is a constant struggle that is never ending and the reason they do it is their hearts a big and very loving and governments make them struggle more by them having to beg and fight for everything which is a disgrace,especially the money they get on the carer payment,if anyone working the hours in other employment or buisness that a family carer does he or she would be very wealthy.like I said put people in charge that understand the plight of family carers and the plight of the people and children with disabilities,and like I said in the first question the government would be in massive strife if it was'nt for the family carer.

More information is attached on a separate sheet

Thank you for taking my views into consideration as part of the Committee's Inquiry. I look forward to reviewing any recommendations you make to improve life for carers in Australia.

Yours sincerely

Alex

Signature

Alex

Print your name

07/06/2008

Date

Postal Address