

Stefanie Schurer Professor of Economics, School of Economics, FASS

5 May 2024

Parliamentary Joint Committee on Human Rights

Submission to inquiry into compulsory income management

Dear Committee members,

I wish to bring to the Committee's attention the conclusions of our research on the consequences of the Income Management policy in the Northern Territory.

We – a team of non-Aboriginal researchers (Schurer, Doyle, Silburn, Guthridge) and an Aboriginal health service leader (Havnen) - have spent several years understanding and quantifying the impacts that income management in the Northern Territory (NT) might have had on the wellbeing of Aboriginal children. This submission reflects the findings from our research.

Our submission relates to the question of "whether compulsory income management has caused, or contributed to, beneficial and/or detrimental outcomes". In this submission, we focus on the impact of income management on child health. However, we have produced in the past research insights on income management's impact on education.

Our evaluations make use of de-identified population-based administrative data assembled as part of a larger study on NT children's developmental outcomes funded by a NHMRC Partnership Grant (#1091491). To identify causal impact estimates, we use a 'natural experiment' afforded by the staggered 13-month rollout of Income Management during the Northern Territory Emergency Response (NTER). Our methodology capitalises on the fact that the roll-out logic of the policy was as good as random (i.e. not following any systematic plan), and that its timing differed from when the various other NTER measures were implemented (e.g. increased policing and child health checks).

Two out of three of our academic articles have already been published in leading international peer-reviewed journals. As part of this peer review process, we were

School of Economics Faculty of Arts and Social Science 562, Social Science Building Sydney NSW 2006 Australia T +61 86271831 M +61 424 298 907 E stefanie.schurer@sydney.edu.au **sydney.edu.au** ABN 15 211 513 464 CRICOS 00026A



able to convincingly defend the reliability of our methods so that we can now interpret the estimates of the impact of the income management policy as causal rather than correlational. One article, which we will provide upon request, will be submitted to international peer review soon.

We find that income management was harmful to children's health. It led to health problems at birth¹ (e.g. reduced birthweight and increased risk of low birthweight), and an increase in hospital and primary care use beyond birth and up until age 5² (e.g. increased risk of infection). As we were using data covering all healthcare that children in the NT receive, we have certainty that changes in healthcare use reflect the onset of serious health conditions that require medical attention, rather than an improvement in access to health care. Based on this analysis – described in more detail below – we conclude that income management has caused detrimental health outcomes for children.

In other work, we furthermore found that income management disrupted community life, as was evidenced by an immediate disruption to the schooling of Aboriginal children that lasted almost **seven** months, and an increase in family discord.³

Based on our earlier studies, we had previously made a submission to the Senate Community Affairs Legislative committee public hearing – Social Security (Administration) Amendment (Income Management to Cashless Debit Card Transition) Bill 2019 – Darwin and bore witness (led by Ms Olga Havnen and Prof Sven Silburn).

¹ Mary-Alice Doyle, Stefanie Schurer, and Sven Silburn (2022), 'Unintended Consequences of Welfare Reform: Evidence from Birthweight of Aboriginal Children in Australia', *Journal of Health Economics* 84: 102618.

² Mary-Alice Doyle, Stefanie Schurer and Steven Guthridge, (2024), 'Income and immunity: The consequences of a pre- and neo-natal income shock on childhood infection risk', Research manuscript (full text available upon request).

³ Cobb-Clark, D., Kettlewell, N., Schurer, S., Silburn, S. (2023) The effect of quarantining welfare on school attendance in Indigenous communities. The Journal of Human Resources 58(6), 2072-2110.



We attach details of our research to this submission, and copies of our published research papers.

SUMMARY OF KEY POINTS

The evidence

- The introduction of income management led to a significant reduction in child health, both at birth and during the first 5 years of life.
- We found that out of the 1,187 children born during the policy rollout period, those who were exposed to income management in utero were, on average, 85-grams lighter at birth and 3 percentage points (or 20.3 percent) more likely to have low birth weight (<2,500g).
- Following the same children over their life course, we found that, as they got older, these children spent 45% more days in hospital throughout early childhood. This was because of an increase in hospital admissions for viral, bacterial and respiratory infections.
- We conclude that the detrimental effects of the income management policy on child health were most likely caused by an interruption of income flow and increased stress. This conclusion is based on (1) knowledge of how income management was rolled out across communities, (2) evidence derived from government reports, and (3) auxiliary analyses from survey data. For many households, this meant that they were unable to afford sufficient food, and experienced stress. Both poor nutrition and parental stress during pregnancy and early infancy can weaken a child's developing immune system, leading to permanent impairments in the immune system's functioning.
- This is particularly detrimental in remote Aboriginal communities, because of the high prevalence of infectious disease, meaning children are both more exposed, and less resilient, to infections.
- A complete estimate of the direct and indirect financial burden of the detrimental effects of the policy has not yet been produced. However, we estimated that income management contributed to an additional \$4.5 million in hospitalisation costs over a period of 5 years. This figure excludes additional costs during the perinatal period (e.g. Neonatal Intensive Care and Special Care Nursery admission), general practice or community health care costs, the costs



due to loss of human capital, and costs for subsequent birth cohorts. Total costs would likely be significantly higher than the nominated \$4.5 million.

Implications and recommendations

- The introduction of income management led to poorer health for children born around the time of the policy rollout. This was not just a temporary, one-off effect at the time of birth: it led to a permanent weakening in immune system functioning for the children affected.
- A key issue with the introduction of income management was its poor implementation. These implementation issues (described below) must be seen through an early childhood policy lens: while welfare payment and administrative arrangements are not areas of policy directed at children, they can have severe impacts. When these happen during key periods of child development, the effects can be long-lasting or permanent as we find here.
- Our findings highlight the fact that any change to social security must be managed carefully, with particular attention to ensuring that families with pregnant women and young children do not have their payments disrupted.

Below we provide more details from our research, its implications for health outcomes and social security policy, and information about who we are.

Yours ever,

Professor Stefanie Schurer, submitted on behalf of the research team Ms Mary-Alice Doyle, Ms Olga Havnen and Professor Steve Guthridge

Research publications

Mary-Alice Doyle, Stefanie Schurer, and Sven Silburn, 'Unintended Consequences of Welfare Reform: Evidence from Birthweight of Aboriginal Children in Australia', *Journal of Health Economics* 84 (1 July 2022): 102618, https://doi.org/10.1016/j.jhealeco.2022.102618.



Cobb-Clark, D., Kettlewell, N., Schurer, S., Silburn, S. (2023) The effect of quarantining welfare on school attendance in Indigenous communities. The Journal of Human Resources 58(6), 2072-2110.

Mary-Alice Doyle, Stefanie Schurer and Steven Guthridge, (2024), 'Income and immunity: The consequences of a pre- and neo-natal income shock on childhood infection risk', Research manuscript (full text available upon request).



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1. EVIDENCE FROM OUR RESEARCH

1.1 What do we find?

During the rollout of income management, 1,187 Aboriginal and Torres Strait Islander babies were born and therefore potentially affected in utero by the policy. We find that children who were in utero or were newborns at the time that income management was introduced in their communities (in 2007-2008) were less healthy throughout early childhood.

- They were **85 grams smaller at birth** and **3 percentage points more likely to have low birthweight** (defined as under 2,500 grams), if income management was introduced while they were in utero. While 3 percentage points may sound small, this is a 20% increase from before the policy. It meant substantially higher hospital care needs, because children with low birthweight are routinely provided with additional medical attention at birth (e.g. admission into a special care nursery).
- They then spent, on average, 4½ more days in hospital between the ages of 0 (excluding admissions at births) and 5 a 45% increase compared with their peers. Most of this impact is concentrated in hospital admissions for infection.
- These children were two times as likely to go to hospital for a bacterial, viral or respiratory infection than their peers.
- They were also more likely to visit a primary care clinic for an infection (one additional visit, on average), and almost twice as likely to be diagnosed with asthma.

The fact that we find impacts of the policy on both hospital and primary care visits is important – it means we can conclude that the policy led to worse health, and not just a change in healthcare provision or care-seeking behaviour. It is plausible that hospital admissions may increase without any change in underlying health. For example, there could be changes in access to hospital care, care-seeking behaviour, or hospital admission criteria, which might have happened, coincidentally, at the same time that income management was introduced. That could mean an increase in hospital admissions but no change in primary care visits. But because primary care visits also increased for this cohort of children, this suggests that it is illness, and not access to hospital care, driving our findings.



Putting all of this together, alongside our knowledge of policy implementation failures (described below), we conclude that the introduction of income management led to a temporary reduction in income for many households, and an increase in stress. For households with very low income, this reduction **jeopardised their ability to buy enough food.** Heightened stress and a lack of nutrition during pregnancy and early infancy **impairs the development of the immune system.**⁴ If the immune system does not develop as it should, this means children's ability to fight infections is weakened, leading to more, and more severe, infections. Weaker immunity also increases the risk of asthma – consistent with what we find.

1.2 What can explain this?

In understanding the impact of income management, it is important to understand not only the intention of the policy, which are, no doubt, well known to this committee, but also the practical challenges with implementation. Income management was not intended to reduce income, but it did for many households, at least temporarily, because of policy implementation issues.

The policy rollout began in September 2007, just three months after it was announced (in July 2007). The complexity of the policy implementation and the short time from announcement to introduction meant that there was little time to anticipate and overcome implementation problems. Three implementation issues were particularly acute during the rollout period, leading to a reduction in recipients' incomes and purchasing power, and stress for recipients dealing with these income shocks. Below we summarise some of the issues, covered in detail in the 2010 evaluation by the Australian Institute of Health and Welfare.⁵

⁴ Andrea Horvath Marques et al., 'The Influence of Maternal Prenatal and Early Childhood Nutrition and Maternal Prenatal Stress on Offspring Immune System Development and Neurodevelopmental Disorders', *Frontiers in Neuroscience* 7 (2013), https://doi.org/10.3389/fnins.2013.00120.

⁵ Australian Institute of Health and Welfare, ed., *Evaluation of Income Management in the Northern Territory*, Occasional Paper / Department of Families, Housing, Community Services and Indigenous Affairs 34 (Canberra, 2010).



First, before recipients could access the quarantined portion of their income, they were required to meet with a case worker to jointly decide how those funds will be allocated. This meant that recipients effectively had their incomes halved, at least temporarily, if they were unable to attend this initial meeting, or were unaware that they were required to attend the meeting. As at November 2007, after the first three months of income management, just over one in five recipients were unable to access their quarantined funds for this reason. This improved throughout the rollout (see Figure)– by the end of the policy rollout in October 2008, around 1 percent of recipients had unallocated funds. While this is a small share of recipients, it still represents a large value of money withdrawn from circulation in affected communities: around \$4 million by March 2009.



Figure: unallocated funds as a proportion of all quarantined funds to 27 March 2009.

Source: Figure 6 in Australian Institute of Health and Welfare 2010 Evaluation of Income Management in the Northern Territory.



Second, recipients who did not meet with a Centrelink caseworker to allocate their funds within 13 weeks of beginning income management had their full payment (not only the quarantined portion) suspended. This affected 8¹/₂ percent of income managed individuals during the rollout period.

Third, any changes to allocations of quarantined funds had to be made manually, leading to substantial frictions. For example, if recipients wished to travel outside of their community and use their quarantined funds at other stores, they would need to organise this with Centrelink, and arrange for the funds to be made available as credit or as a gift card at the particular stores they planned to visit. These arrangements applied for the first year that the policy operated.

In late 2008, Centrelink introduced the BasicsCard. The card alleviated the issue somewhat; while new recipients were still required to meet initially with a case worker to allocate funds, they could choose to have all or most of their quarantined funds loaded onto the BasicsCard to be used at any participating retailer.

However, frictions in accessing quarantined funds remained, with recipients reporting inability to use their BasicsCard at essential retailers such as pharmacies,⁶ and inability to use income managed funds to buy cheaper second-hand goods and participate in the cash economy,⁷ and experts reporting the policy places an ongoing high administrative burden on recipients.⁸ This means that **on an ongoing basis, all income management recipients have effectively lower purchasing power, because they are less able to shop around and make free choices over where to spend their money.**

⁶ Equality Rights Alliance, 'Documenting Womens' Experience of Income Management in the Northern Territory' (Canberra, Australia, 2011), https://www.alrc.gov.au/wp-

content/uploads/2019/08/cfv_143_equality_rights_alliance_-

_womens_voices_for_gender_equality_.pdf.

⁷ Greg Marston et al., *Compulsory Income Management in Australia and New Zealand: More Harm than Good?* (Policy Press, 2022), https://research.monash.edu/en/publications/compulsory-income-management-in-australia-and-new-zealand-more-ha.

⁸ Steven Roche et al., 'Perspectives on the Ongoing Impact of Compulsory Income Management in the Northern Territory', *Australian Journal of Social Issues* n/a, no. n/a, accessed 25 April 2024, https://doi.org/10.1002/ajs4.323.



On a more practical level, the policy also caused disruption because it created challenges for recipients to access their usual income, even if they complied with all requirements. As the report of the NTER Review Board notes, 'people were required to master new, complex and often changing procedures with a minimum of information or explanation', and this confusion and stress was compounded by the effect that most recipients speak English as a second or third language.⁹

1.3 How do we know this was because of income management?

Income management was introduced gradually between September 2007 and October 2008. The rollout was done community-by-community, meaning that on any given date during the rollout period, some communities were subject to income management and some were not. Our analysis is based on this gradual rollout. We compare health outcomes for children who were newborns or in utero when the policy was introduced in their community, to children who were born shortly before income management was introduced.

As an example, imagine two children are born on the same day in January 2008, but each in different communities – community A and community B. Income management was introduced in community A in November 2007, before the children were born. So the child born in community A was in utero at the time, and was affected by income management during this key stage of development. Income management was introduced in community B in May 2008, over 3 months after these two children were born – so the child born in community B was not affected by income management during pregnancy or as a newborn (but was affected from when she was 4 months old). Our method compares health outcomes for these two children – as well as performing thousands of others such comparisons, for children born in any of the 73 communities and their outstations, and 10 town camps, during the policy rollout period.

⁹ Peter Yu, Marcia E Duncan, and Bill Gray, 'Northern Territory Emergency Response: Report of the Review Board' (Canberra: Commonwealth of Australia, October 2008), https://apo.org.au/node/551.



Of course these children all have individual differences, but when we look at a population of over a thousand children in Aboriginal communities born around that time, the children who were born just before or just after the policy change happened in their community look very similar, on average. The key difference between these two groups is the timing of their birth relative to the date that income management was introduced in their community. That is, those who were newborns or in utero were affected by the policy introduction during a particularly sensitive period of development for their immune system, and those who were a little older were not.

We have carefully analysed the policy rollout schedule, and found that:

- The timing of the rollout of income management was different from the timing of all other policies introduced as part of the Northern Territory Emergency Response (NTER). Therefore, the impacts we find are not because of other NTER policies.
- The rollout schedule of income management did not systematically prioritise communities based on their location or other characteristics. This means that with appropriate statistical methods, we can analyse the policy introduction as though the schedule was random the 'gold standard' for policy impact evaluation.
- Health outcomes for children born in the communities that received income management earlier vs later were very similar, on average, before income management was introduced.

We provided more details in our published, peer reviewed academic paper.¹⁰

1.4 Data analysis methods

We use anonymised, linked registry data on all children born in the NT, retaining only the subpopulation of children whose mother lived in an NTER community at the time of birth.

We limit our sample to children born or in utero during the income management rollout period (2007-2008), and in the preceding year. This gives a population of

¹⁰ Doyle, Schurer, and Silburn, 'Unintended Consequences of Welfare Reform'.



2,319 children (this is higher than the 1,187 cited above, because we also include data on the children born in the year before the policy rollout).

Most of our analysis focuses on hospital inpatient admissions, because this data is available for all children in the NT. We consider all inpatient admissions for children, from ages 0 through to their 6th birthday. For each child, we are able to count the number of times they were admitted to hospital, the number of days spent in hospital, and the reasons for the hospital visit. We analyse all admissions, and admissions for an infection. We define admissions for infection (and subcategories of infection) as an admission where the primary diagnosis was for an infection, or for a condition that is directly caused by infection.

We also make use of data from primary care clinics. These data are available for around two-thirds of Aboriginal communities, and therefore do not cover all primary care visits for children affected by income management. These data are available from 2010 onwards, therefore we are unable to observe clinic visits for children from age 0. Instead, we observe admission for children from age 3 through to their 6th birthday. For this analysis, we limit our sample to children who were born in the communities for which clinic data are available, giving a population of 1,203 children.

2. WHAT DOES THIS MEAN GOING FORWARD?

2.1 For the birth cohort affected by the policy introduction

Many reports from the time of the NTER discuss the confusion, stress, and income shortfalls that resulted from the policy. However, official evaluation reports have emphasised that these 'teething problems' were only short-term issues, which were largely solved within the first year of the policy introduction.¹¹ We are unable to quantify the policy's impacts on later birth cohorts (see

¹¹ Australian Institute of Health and Welfare, *Evaluation of Income Management in the Northern Territory*; Department of Families, Housing, Community Services and Indigenous Affairs, 'Northern Territory Emergency Response: Evaluation Report', 2011,

http://webarchive.nla.gov.au/gov/20130329182840/http://www.fahcsia.gov.au/our-responsibilities/indigenous-australians/publications-articles/northern-territory-emergency-response-evaluation-report-2011.



discussion below), but our evidence shows that these initial 'teething problems' had long-term effects.

The temporary reduction in income appears to have impacted children's immune system development, and hence increased their risk of severe infection requiring hospitalisation. Putting this together with existing research on immunity,¹² how the immune system is 'programmed,'¹³ and our additional finding of increases in asthma diagnoses (another condition caused by weaker immune functioning), it appears likely that these impacts on immunity will be permanent for this cohort of children.

In terms of monetary costs, an additional 4½ days in hospital per child in this cohort would have costed an estimated \$4.5m to the NT public hospital system over six years. We calculate this based on Australian Independent Hospital Pricing Authority's¹⁴ estimates that the average cost of a child spending one night in hospital in remote NT was AU\$1,973 in 2013/14. Given our estimate of 4.6 additional days in hospital, this implies an additional AU\$9,076 in hospital costs per child. With just under 500 children in the 'treatment' group, this would suggest that the policy introduction cost the public hospital system around AU\$4.5 million in the six years following its rollout.

Longer-term effects may be much larger, with the international research literature suggesting there may be intergenerational effects of adverse conditions experienced during pregnancy and as a newborn.¹⁵

¹² Sophie E. Moore et al., 'Early Immunological Development and Mortality from Infectious Disease in Later Life', *Proceedings of the Nutrition Society* 65, no. 3 (August 2006): 311–18, https://doi.org/10.1079/PNS2006503; Thomas W McDade et al., 'Prenatal Undernutrition, Postnatal Environments, and Antibody Response to Vaccination in Adolescence', *The American Journal of Clinical Nutrition* 74, no. 4 (1 October 2001): 543–48, https://doi.org/10.1093/ajcn/74.4.543.

 ¹³ Marques et al., 'The Influence of Maternal Prenatal and Early Childhood Nutrition and Maternal Prenatal Stress on Offspring Immune System Development and Neurodevelopmental Disorders'.
 ¹⁴ Independent Hospital Pricing Authority, 'Australian Public Hospitals Cost Report 2013-2014 Round 18', National Hospital Cost Data Collection, 2014,

https://www.ihpa.gov.au/sites/default/files/publications/nhcdc-round18.pdf.

¹⁵ M. V. E. Veenendaal et al., 'Transgenerational Effects of Prenatal Exposure to the 1944-45 Dutch Famine', *BJOG: An International Journal of Obstetrics and Gynaecology* 120, no. 5 (April



2.2 For earlier and later birth cohorts

Our paper estimates the impact of the introduction of income management for babies who were born shortly before or after the policy came into place in their community.

An important caveat to our estimates is that our statistical methods are based on the policy rollout, in which we compare children exposed to the policy introduction during pregnancy or in their first three months of life with children exposed to the policy from 3 months onwards. While this cohort of older children serve as our comparison group, that is not to say that the policy did not have an impact on those older children as well. In fact, given the disruption, stress and income shortfalls caused by the policy introduction, it is likely that there were impacts for older children.

Our findings reinforce the importance of pregnancy and the first few months of life as a key period in child development. While we cannot measure impacts on other birth cohorts, the experiences of these children are also important. We expect that **the health effects we are able to quantify represent just a portion of the likely impact of the policy on child health**.

A key question in interpreting our analysis is whether the effects we find are inherent to the design of income management itself, or the result of initial implementation issues. We believe it is likely that both the policy and its implementation contributed. On the one hand, there were substantial implementation challenges during this rollout period, leading to stress and income shortfalls. We know from other academic research that stress in pregnancy can harm children's health.¹⁶ Income management formed part of the broader NTER, which itself engendered stress, anger and resentment, and may have exacerbated the stress of adapting to income management. In addition, there were acute initial

^{2013): 548–53,} https://doi.org/10.1111/1471-0528.12136; Dora L. Costa, 'Overweight Grandsons and Grandfathers' Starvation Exposure', *Journal of Health Economics* 91 (1 September 2023): 102796, https://doi.org/10.1016/j.jhealeco.2023.102796.

¹⁶ Anna Aizer, Laura Stroud, and Stephen Buka, 'Maternal Stress and Child Outcomes: Evidence from Siblings', *Journal of Human Resources* 51, no. 3 (1 August 2016): 523–55, https://doi.org/10.3368/jhr.51.3.0914-6664R.



challenges (described above) in accessing quarantined funds which may have led to large short-term reductions in spending but were resolved by the end of the rollout period.

On the other hand, more recent evidence shows that frictions remain in accessing income managed funds¹⁷ – for instance, inability to participate in the cash economy, and to access certain retailers. These frictions reduce recipients' purchasing power and contribute to feelings of stigma and stress. Therefore, it is likely that the initial implementation issues we describe above meant that the impact we estimate in this analysis is particularly large. But the same mechanisms that likely contributed to these worse health outcomes (lower purchasing power and stress) remain at play for current recipients.

2.3 For how policy should be changed

Other researchers have called to remove compulsory income management, based on a lack of evidence of its effectiveness, high administrative costs, and unintended negative effects. We support this position.

However, the way the policy is removed is important. Our research highlights the importance of policy implementation and administration on health in early childhood. We find that even a temporary disruption to income flows can have sustained impacts on children, if experienced in utero or as a newborn. Our findings lend support to the international call for an 'early childhood lens' to policymaking across a broad range of policy domains,¹⁸ recognising that policy domains not traditionally thought of as 'childhood' policies can have important effects on children – especially for those whose families are affected during pregnancy, infancy and early childhood.

¹⁷ Marston et al., *Compulsory Income Management in Australia and New Zealand*; Roche et al., 'Perspectives on the Ongoing Impact of Compulsory Income Management in the Northern Territory'.

¹⁸ National Scientific Council on the Developing Child, 'Place Matters: The Environment We Create Shapes the Foundations of Healthy Development', Working Paper (Center on the Developing Child at Harvard University, 27 March 2023), https://ecdan.org/resource/hcdc-working-paper-16-media-kit-place-matters/.



In particular, if compulsory income management is removed, this should be done carefully, so as not to disrupt income flows for families with pregnant women and young children. This could mean:

- A long lead period for any change in payment arrangements with clear communication about what the change is and when it will occur.
- A gradual policy change process, incorporating feedback loops so that any implementation issues are identified and solved before the process continues.
- 'Grandfathering' of the policy, allowing existing recipients to continue using current processes for as long as they wish.
- Transitional support e.g. lump sum cash payments made available to families in advance of any change, to provide a buffer against challenges in navigating and accessing a new payment system.

3. WHO WE ARE

Ms Mary-Alice Doyle is a PhD candidate at the London School of Economics. Originally trained as an economist, Mary-Alice has worked across Australian government, academia, and the non-profit sector. Mary-Alice's research explores the relationship between social security policy and child development, focusing on channels linking very early life experiences with health and wellbeing trajectories.

Professor Stefanie Schurer is an international expert on the lifecycle dynamics & inequality of human development, and linking sensitive administrative data for policy evaluation. Prof Schurer is working on a range of topics concerning the impact of paternalistic public policy on the wellbeing of Indigenous children & communities, including out-of-home care, alcohol restrictions, care at birth & forced removal. Her most influential work to date is on the penalties of Income Management, the cornerstone policy of the Northern Territory Emergency Response, and Melbourne's Zero-Covid policy. She is a Co-Editor of Labour Economics (Elsevier), an international peer-reviewed field journal, a member of the National Economic Panel of the Economic Society of Australia, and a board member and secretary of the Association for Economic Research of Indigenous Peoples. The recipient of numerous awards, Prof Schurer received the 2021 Australian Young Economist of the Year Award (Economic Society of Australia)



and University of Sydney's Vice-Chancellor Award for Excellence. Prof Schurer was an author of a previous submission to the Senate Inquiry on Income Management in 2019 (together with Ms Mary-Alice Doyle and Prof Sven Silburn). They made a submission to, and Prof Silburn appeared as witness to the **Senate Inquiry** on the Social Security (Administration) Amendment (Income Management to Cashless Debit Card Transition) Bill 2019 with the Community Affairs Legislation Committee (LINK), 23 September 2019.

Professor Steven Guthridge is an honorary fellow at the Menzies School of Health Research, Charles Darwin University. He has a diverse background in clinical services, health service management and research. He has a distinguished record of research in areas of specific relevance to the Northern Territory including burden of disease and injury, health workforce, chronic disease prevalence and child development.

Ms Olga Havnen is an Aboriginal leader (of Western Arrente descent), advocate and activist in the Northern Territory of Australia. She was the chief executive officer of the Danila Dilba Health Service in Darwin, an Aboriginal Community Controlled Health Service and was the CEO of the North Australian Aboriginal Justice Agency (NAAJA). Havnen has held positions as the Aboriginal and Torres Strait Islander Programs Co-ordinator for the Australian Red Cross, Senior Policy Officer in the Northern Territory Government's Indigenous Policy Unit, Indigenous Programs Director with the Fred Hollows Foundation, and Executive Officer with the National Indigenous Working Group. Havnen was the Coordinator General of Remote Service Provision from 2011 until October 2012, when the Northern Territory Government controversially abolished the position. Havnen gave evidence at the Royal Commission into the Protection and Detention of Children in the Northern Territory, and was critical of the outcomes and delivery of the Northern Territory National Emergency Response. Olga was nominated for the 2022 NT Australian of the Year award. Ms Havnen made a previous submission to the Senate Inquiry into Income Management in 2019. She made a submission to and was a witness in the Senate Inquiry on the Social Security (Administration) Amendment (Income Management to Cashless Debit Card Transition) Bill 2019 with the Community Affairs Legislation Committee (LINK), 23 September 2019.

Deborah A. Cobb-Clark Nathan Kettlewell Stefanie Schurer Sven Silburn

ABSTRACT

We identify the causal impact of quarantining welfare payments on Aboriginal children's school attendance by exploiting exogenous variation in its rollout across communities. We find that income quarantining reduced attendance by 4.7 percent on average in the first five months. Attendance eventually returned to its initial level, but never improved. The attendance penalty does not operate through changes in student enrollments, geographic mobility, or other policy initiatives. Instead, we demonstrate that financial disruption may be responsible for the temporary reduction in school attendance. Supplemental analysis suggests that the policy rollout may have increased family discord.

(continued on next page)

[Submitted December 2018; accepted July 2021]; doi:10.3368/jhr.1218-9909R2 JEL Classification: D04, 128, and 138

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Deborah Cobb-Clark is a Professor in the School of Economics at the University of Sydney. Nathan Kettlewell is a research fellow in the Economics Discipline Group at the University of Technology Sydney. Stefanie Schurer is a Professor in the School of Economics at the University of Sydney. Sven Silburn is a Professor at the Menzies School of Health Research. The authors thank the following people for their valuable feedback on this research: Heather d'Antoine, Victoria Baranov, Nicholas Biddle, Gawaian Bodkin-Andrews, Robert Breunig, Julie Brimblecombe, David Cooper, Marco Francesconi, Matthew Gray, Olga Havnen, James J. Heckman, Hilary Hoynes, Matthew James, Liz Moore, Patrick Nolan, David Ribar, and Jim Smith; participants of seminars at the University of California Santa Barbara, University of Chicago, University of Essex, University of Melbourne, Australian National University, University of Western Australia, University of Technology Sydney, University of Wollongong, Institute for Fiscal Studies;

ISSN 0022-166X E-ISSN 1548-8004 © 2023 by the Board of Regents of the University of Wisconsin System

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Supplementary materials are available online at: https://jhr.uwpress.org.

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I. Introduction

Indigenous people in Australia, Canada, New Zealand, and the United States face extensive social and economic hardship despite living in some of the world's wealthiest nations. Their communities have been shaped by unique cultural and political events, yet widespread disadvantage has been a nearly universal experience. Rates of suicide and disease-related mortality are substantially higher (for example, Hunter and Harvey 2002; Bramley et al. 2004; Cooke et al. 2007; Clifford, Doran, and Tsey 2013), while educational attainment and income levels are lower (for example, Cooke et al. 2007). Drug and alcohol problems (for example, Brady 2000), family violence (Memmott et al. 2001; Al-Yaman et al. 2006), and child maltreatment (Cross, Earle, and Simmons 2000; Stanley, Tomison, and Pocock 2003; Sinha et al. 2011) are more prevalent. In short, in "all four countries, Indigenous poverty has been not only deep and widespread but persistent, defying policy prescriptions" (Cornell 2006, p. 2).

We analyze the impact of the 2007 introduction of income management into remote Aboriginal communities in the Northern Territory.¹ Initiated by the Australian Commonwealth Government in an effort to reduce the behavioral causes of disadvantage, income management required 50 percent of welfare payments to be quarantined for expenditure on priority needs, effectively limiting the funds available for alcohol, tobacco, pornography, and gambling. The policy exclusively targeted Aboriginal communities, was compulsory, and was rolled out without substantive community input. Income management was part of the Northern Territory Emergency Response, which was enacted

and participants of a session at the Inaugural Conference of the Asian and Australasian Society of Labour Economists (December 2017); and two anonymous referees, whose feedback greatly improved this work. This study uses data from the Northern Territory (NT) Early Childhood Data Linkage Project, "Improving the developmental outcomes of NT children: A data linkage study to inform policy and practice across the health, education and family services sectors," which is funded through a Partnership Project between the National Health and Medical Research Council (NHMRC) and the NT Government. This study uses administrative data obtained from the NT Department of Education through this NHMRC Partnership Project. The analysis has followed the NHMRC Values and Ethics: Guidelines for Ethical Conduct in Aboriginal and Torres Strait Islander Health Research (2003) and the Australian Institute of Aboriginal and Torres Strait Islander Studies (AIATSIS) Guidelines for Ethical Research in Australian Indigenous Studies (2012) (Reciprocity, Respect, Equality, Responsibility, Survival and Protection, Spirit and Integrity). The researchers are bound by, and the research analysis complies with, the ethical standards outlined in the ethics agreement HREC Reference Number: 2016-2611 Project Title: "Improving the developmental outcomes of Northern Territory children: A data linkage study to inform policy and practice in health, family services and education" (Human Research Ethics Committee of the Northern Territory Department of Health and Menzies School of Health Research). The authors acknowledge funding from an Australian Research Council (ARC) Discovery Early Career Research Award DE140100463, an ARC Discovery Grant DP140102614, the Centre of Excellence for Children and Families over the Life Course (project number CE140100027), and a University of Sydney SOAR Fellowship (2017–2018). The data are protected by a third party agreement. Data access for replication purposes can be obtained through the governance protocol of the Children and Youth Research Development Program (CYDRP), Menzies School of Health Research. Data access requests for replication purpose should be directed to Professor Steve Guthridge (steve.guthridge@menzies.edu.au). For any enquires contact Stefanie Schurer (stefanie.schurer@sydney .edu.au).

^{1. &}quot;Aboriginal and Torres Strait Islander" is the preferred term for the Indigenous peoples of Australia; for brevity, we will abbreviate this to "Aboriginal."

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in response to a highly publicized report documenting child maltreatment and family violence within these communities (Wild and Anderson 2007). Its goal was to "stem the flow of cash going towards substance abuse and gambling and ensure that funds meant to be for children's welfare are used for that purpose" (Brough 2007b).

Income management had a broad reach. It applied to virtually all social assistance benefits, including child care benefits, family tax benefits, and old-age pensions, not just those welfare benefits directed towards low-income families. Given the high degree of welfare reliance in the affected communities, 75 percent of all adults in prescribed communities had been income-managed at some point within the rollout period (September 2007–October 2008), and 55 percent were still on income management by the end of it (AIHW 2010).² As Australia's social security system specifically targets families with children, it is likely that all parents were affected.

Although the welfare of children took center stage in the policy debate, we know very little about the consequences of restricting welfare payments for children. This study is the first to provide empirical evidence on the policy's impact on Aboriginal children's schooling outcomes. We focus on daily school attendance rates, which are a systematically recorded, high-frequency measure of community functionality. Boosting school attendance rates in the Northern Territory was not a formal policy goal; however, it was an expected outcome.³ The hope was that by redirecting consumption towards children, income management would improve attendance.

We identify the causal impact of income management by exploiting exogenous variation from the staggered rollout of the policy across communities. Because the rollout was placebased, benefit recipients were automatically income-managed if they had lived in a prescribed community at any point between the policy's legislation and the rollout date. Exemptions were rare. Daily attendance data and exact program implementation dates allow us to precisely time the introduction of income management. Our difference-indifference estimates have a causal interpretation so long as the rollout of income management is unrelated to trends in school attendance rates. We demonstrate the plausibility of this identification assumption by: (i) reviewing the administrative process underpinning the rollout, (ii) examining the relationship between community characteristics and program rollout, and (iii) using event study methods to assess trends in attendance patterns pre- and post-income management. The resulting evidence gives us confidence that our identification strategy is sound. We address any remaining unobserved heterogeneity by controlling for community, day, and day-of-the-week fixed effects and allowing each policy commencement group to have its own season-specific time trend.

We find no evidence that income management led to an increase in student attendance. Rather, the introduction of income management reduced school attendance by three percentage points (4.7 percent) on average in the first five months, after which attendance rates eventually returned to their initial levels. The attendance penalty is similar for boys and girls, but is stronger for secondary school students. Interestingly, the

^{2.} We analyze the rollout of income management in 2007. It was in place until 2010 when a revised policy, New Income Management (NIM), became universal for the entire NT (Bray et al. 2014).

^{3.} The Commonwealth Government committed to a series of infrastructure and curriculum initiatives to address the anticipated increased demand for education. These were intended to be carried out mainly through a Memorandum of Understanding between the Commonwealth and Northern Territory Governments, which was signed on September 16, 2007. The legislation allowed for up to 100 percent of welfare payments to be quarantined if children were not attending school; however, this was never implemented (Yu, Duncan, and Gray 2008, p. 29).

drop in attendance is not confined to students with low school attachment. Students with an above-median propensity to attend school experienced greater (both in absolute and relative terms) falls in attendance.

We explore four key mechanisms—concurrent policy initiatives, geographic mobility patterns, student enrollments, and financial disruption—through which income management may have reduced school attendance. The complex nature of the NTER makes it important to consider the potential for concurrent policy effects to confound our results (FAHCSIA 2011). Moreover, Aboriginal families frequently leave their "home" communities to travel to other remote communities for social and cultural reasons (Memmott, Long, and Thomson 2006), creating substantial attendance (and enrollment) churn as students enter and exit schools (Taylor and Dunn 2010). Income management may have changed families' incentives or ability to temporarily leave their communities. At the same time, many children in the study communities are not enrolled in school at all (Wilson 2013). Finally, in light of the evidence that welfare policies can have unintended consequences (Bitler and Karoly 2015), we consider whether the policy caused disruption and increased family stress.

We demonstrate that income management did not significantly affect student enrollments or mobility patterns into and out of Aboriginal communities. Thus, the drop in school attendance does not appear to be due to increased churning in student enrollments or transfers, nor is it due to concurrent policy initiatives. Instead, income management appears to have resulted in financial disruption in the form of increased transaction costs (Yu, Duncan, and Gray 2008; AIHW 2010) and short-term income shocks (Doyle, Schurer, and Silburn 2022). Our supplemental analysis suggests that family discord may have also increased. Both have the potential to disrupt school attendance.

Our research makes an important contribution to the international debate on ending Indigenous disadvantage. Unlike the case in Canada, New Zealand, or the United States, the Australian Government is unique in quarantining welfare as a key strategy in closing the gap in Indigenous outcomes. Income management has been controversial. Despite widespread dissatisfaction with the scheme (Yu, Duncan, and Gray 2008), some Aboriginal Australians believe that income management has had benefits in improving people's diets, reducing excessive money demands from family members ("humbugging"), and increasing savings (Central Land Council 2008; AIHW 2010). Evidence based on sound policy evaluation methods has been lacking. Despite this, the Australian Government remains committed to income quarantining as a policy option, announcing in the October 2020 budget that new income management trials will be funded on an ongoing basis.

II. Income Management in the Northern Territory

A. Background

Governed by its own local government in conjunction with the Commonwealth Government, the Northern Territory (NT) is vast, covering approximately one-sixth of the Australian continent. More than half of its 246,000 residents live in the capital city of Darwin. Aboriginal Australians make up 25.5 percent of the NT's total population— 51.0 percent in remote areas—despite constituting only 2.8 percent of the Australian population overall (ABS 2016).

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Aboriginal kinship relationships are complex, dynamic, and not easily captured by notions of family based on physical living arrangements (see Lohoar, Butera, and Kennedy 2014; Martin 2017; Walter 2017, for reviews). People see themselves in relation to others in their local communities as well as in other remote areas, making it common for children and adults to move between households. Raising children is a collective responsibility; Aboriginal children are given a great deal of autonomy to develop their skills by exploring their environment under the watchful eyes of the community at large (Lohoar et al. 2014; Muir and Bohr 2014). Although parents have high educational aspirations for their children (Walter 2017), school and community leaders have struggled to find ways to ensure that Aboriginal children can access "Western cultural capital" while at the same time nurturing their Aboriginal culture (McTaggart 1991; Trudgett et al. 2017).

Poor school attendance has been a persistent policy challenge. Prior to income management, average attendance rates were around 65 percent in primary school and 50 percent in high school (He et al. 2018). Common reasons for authorized absence include health issues, transportation problems, family obligations (for example, attending funerals), and a lack of food and clothing (Dreise et al. 2016). One in ten primary-school absences is unauthorized, while in high school this rate is one in four (Hancock et al. 2013). Unauthorized absences are often explained by educational disengagement, peer factors, and family factors (for example, violence) (Dreise et al. 2016).

B. Policy Origin

In 2006, the NT Government responded to media reports of child sexual abuse in Aboriginal communities by establishing an independent review board, which finalized its report in April 2007 (Wild and Anderson 2007). While the NT Government was still considering its own response, the Commonwealth Government intervened, with the Minister for Indigenous Affairs declaring that there was "clear evidence that the Northern Territory Government was not able to protect these [Aboriginal] children adequately" (Brough 2007a, p. 10). The result was the announcement on June 21, 2007 of a significant set of reforms collectively known as the Northern Territory Emergency Response (NTER), which was enacted on July 17, 2007, less than one month later.

Income management was the cornerstone of the NTER. Fully, 65 percent of households in targeted communities were reliant on government benefits as their main source of income, giving them incomes below the national poverty line.⁴ Income management changed the way welfare entitlements were paid out to these households. While 50 percent of benefits (see <u>Online Appendix Table A1</u>) were paid in the usual way, the remaining 50 percent was retained by Centrelink⁵ in an individual account to be allocated to a combination of priority goods (that is, goods other than alcohol, tobacco, gambling, and pornography). Initially, people accessed their income-managed funds in three ways. First, in remote areas, purchases could be made at a licensed community

^{4.} Mean gross income for NT households deriving their income mainly from government benefits was \$419AUD (vs. \$1401AUD for all household) (authors' calculations, 2003–2004 Household Expenditure Survey data). The national poverty line in September 2003 for a household with one dependent child and the head of the household not working was \$460.96AUD (including housing) (Melbourne Institute of Applied Economic and Social Research 2004).

^{5.} Centrelink is the Australian Government agency responsible for administering all transfer payments.

store, which would deduct funds from people's income-management accounts at the point of sale. Second, people could obtain store cards (gift cards) from Centrelink, which were redeemable at participating stores in larger towns. Third, people could organize a third-party deduction, for example, to a utility company or a landlord. Unallocated funds were retained in welfare recipients' income-management accounts. In late 2008, the Basics Card was introduced. Operating through Australia's EFTPOS system, it increased transaction flexibility by effectively eliminating the need for store cards.⁶

Expenditure data are not available for our sample period. However, the majority of the allocated Centrelink funds under income management were spent on food (64 percent), housing (9.1 percent), store cards (6.3 percent), and clothing and footwear (5.9 percent). Some funds were allocated to a school nutrition program (2.6 percent) and a small fraction to education (less than 1.7 percent). Once the Basics Card was introduced, almost 100 percent of the allocated funds went to food, housing, and household goods (AIHW 2010).

C. The Rollout of Income Management

Income management began in September 2007 and was gradually rolled out over the next 13 months to 73 Aboriginal communities and town camps.⁷ Typically, the rollout happened simultaneously in geographic clusters of three to four communities. Figure 1 highlights the progressive coverage of income management across communities.

The rollout of income management was not strictly random; several conditions needed to be met before income management began, none of which related specifically to schools or children. The main criterion was that the community had at least one store meeting certain restrictions around financial practices (for example, not engaging in monopoly pricing) and merchandise availability that could be licensed to participate in the scheme. Other requirements included that Centrelink staff were available to discuss income management and set up budget allocations, that a government NTER administrator was in place for the community, that arrangements were in place for deductions associated with utilities and rent, and that there was a police presence in the community. Once introduced to a community, income management became compulsory. Exemptions were made only in special cases when a person could demonstrate that they were not a regular member of an income-managed community. By March 31, 2009, 15,125 people were subject to income management; only 649 exemptions (3.0 percent of those ever income-managed) had been granted (AIHW 2010).

The validity of our empirical strategy relies on the assumption that the rollout of income management was independent of trends in school attendance. To demonstrate that this assumption holds, we first consider the spatial variation in the timing of income management (see Figure 2). Although some regional clusters adopted income management at a similar time, there is no obvious spatial pattern to the rollout itself.

^{6.} EFTPOS (electronic funds transfer at the point of sale) is Australia's most widely used payment system handling 70 percent of debit card transactions. See www.mobiletransaction.org/australian-eftpos-system/ (accessed May 24, 2023).

^{7.} Town camps are small Aboriginal settlements located within the boundaries of major towns such as Darwin, Tennant Creek, and Alice Springs.

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Figure 1

Cumulative Coverage of Income Management across NTER Communities

Notes: The graph shows the cumulative number of communities that have started income management on each date as a proportion of the total number of communities selected for income management. Shaded regions are school holiday periods. Crosses represent dates that income management commenced in one or more communities. For the complete rollout schedule, see AIHW (2010).

Second, we test whether the timing of income management is related to community characteristics.⁸ The 2006 Australian Census provides complete measures of community-level characteristics for 55 of the 78 communities and data on population size and gender ratios for an additional nine communities. For the remaining 14 communities, we have no data at all.⁹ Estimation results are reported in Table 1 for both the subsample with complete data (Column 1, n = 55) and the larger sample with incomplete data (Column 2, n = 64).

With the exception of household size (significant at 10 percent), we find no statistically significant relationship between community-level characteristics and rollout timing. Our R^2 is 0.090 in the limited sample and 0.077 in the larger sample. More than 90

^{8.} We regress the date at which income management began on a set of community level characteristics. See, for example, Hoynes and Schanzenbach (2009); Hoynes, Page, and Huff Stevens (2011); Bailey (2012); and Bailey and Goodman-Bacon (2015), who adopt the same approach when relying on program timing for identification.

^{9.} We have evidence that our missing data are unrelated to rollout timing. The correlation coefficient between implementation date and an indicator for missing data is only 0.014 (p = 0.902). Communities with missing data comprise only 6.6 percent of students in our main sample. Dropping these communities does not materially affect our results.

Map of Communities Selected for Income Management and Program Commencement Dates

Notes: Color-coding on communities selected for income management reflects the date income management started in the relevant community as indicated in the legend. Major settlements in the Northern Territory are in boldface. People living in the municipal parts of these communities were not subject to income management (only those living in the associated town camps). Highways and arterial roads are identified by lines connecting certain communities.

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Table 1

OLS Regression of Community Characteristics on Income Management Commencement Date

| Variable | Model 1 | Model 2 |
|---|---------------------|----------------------|
| Population/100 | 0.803 (14.484) | 2.508 (14.450) |
| (Population/100) ² | -0.287 (0.681) | -0.349 (0.676) |
| Percentage male | 2.996 (5.541) | 0.372 (5.194) |
| Median age | 7.159 (8.126) | 8.040 (8.028) |
| Percentage English only language spoken at home | 0.811 (0.615) | 0.861 (0.587) |
| Labor force participation rate | -0.150 (1.005) | -0.045 (1.027) |
| Employment rate | 0.228 (0.703) | 0.230 (0.701) |
| Median weekly personal income | 0.168 (0.248) | 0.166 (0.230) |
| Average people per household | 25.728* (13.636) | 25.512* (13.813) |
| Demographics miss | | 366.269 (260.483) |
| $\frac{N}{R^2}$ | 55 0.090 | 64 0.077 |

Notes: Robust standard errors in parentheses. The dependent variable is the date income management was implemented in the community, with each day equal to one unit. Data on community characteristics are from the 2006 Australian Census using the geospatial unit "Indigenous Local Area." For the 14 communities for which we have no data, a suitably granular spatial unit could not be identified in the census. Estimates are obtained by OLS. Significance: *p < 0.10.

percent of the variation in the timing of income management is unexplained by observed community-level characteristics. In comparison, Hoynes and Schanzenbach (2009) find that similar demographic characteristics explain 14 percent of the variation in the timing of Supplemental Nutrition Assistance Program (SNAP) benefits. We also examine whether the distribution of observable characteristics of communities differs systematically across the policy rollout. Following the intuition of Goodman-Bacon (2021), we show that overall, there is no clear pattern in the correspondence between community characteristics and policy commencement (see Online Appendix Figure A1).

III. Conceptual Framework

Income management falls within a category of policies best described as "restricted welfare." These policies include in-kind transfers, conditional cash transfers (CCTs), and income quarantining. Policymakers justify the restriction of welfare benefits by resorting to paternalism, especially when the consumption of certain goods has either negative (for example, alcohol and tobacco) or positive (for example, education and healthcare) externalities for families and children (Currie and Gahvari 2008). Overall, the literature on restricted welfare in developed countries suggests that, while some policies do seem to improve social and economic well-being (for example, SNAP), many others fail to achieve their objectives. Their long-term impact and cost-effectiveness remain unclear (Gentilini 2016).

A. Intended Policy Consequences

Income quarantining as a form of restricted welfare is unique to Australia.¹⁰ By restricting welfare payments, the legislation aimed "to promote socially responsible behavior, particularly in relation to the care and education of children."¹¹ Informally, the aims of quarantining welfare payments also included an attempt to protect vulnerable family members—especially women—from financial exploitation and demands for money from relatives, a practice known as "humbugging" (see Howard 2007). Thus, income management involves an element of female empowerment, which is associated with better outcomes for children (Duflo 2012).

Figure 3 describes the intended effects of income management (Panel A).¹² It depicts all possible consumption combinations of excluded goods (y-axis) and priority goods (x-axis), given a budget constraint. Households have different preferences for priority and excluded goods. In the absence of income management, households face a budget constraint MN. Inframarginal households spend less than 50 percent of their budget on excluded goods (point B) while extramarginal households spend more than 50 percent on excluded goods (point A).

In restricting the allowable consumption bundles, income management does not shift the budget constraint. The money equivalent of benefit entitlements remains the same. Income management, however, introduces a kink in the budget constraint at point C (DCN). Once households reach their mandated spending limit for excluded goods (point C), further reductions in priority good spending can no longer legally be traded off against increased spending on excluded goods. Hence, segment DC of the budget constraint is

^{10.} We are aware of only one other scheme internationally that involves involuntary income quarantining. Since 2012, New Zealanders aged 16–19 have been subject to an income management scheme similar to that studied here. While New Zealand's scheme does not directly target its Indigenous population, it does disproportionately affect it (Humpage 2016). We are not aware of any impact evaluation of income management in New Zealand.

^{11.} Social Security and Other Legislation Amendment (Welfare Payment Reform) Act 2007 No. 130, 2007 123TB Objects, Section (a). The legislation [123TB Objects, Section (c)] further stated that it should ensure that "the amount set aside is directed to meeting the priority needs of (i) the recipient of the welfare payment; and (ii) the recipient's partner; and (iii) the recipient's children; and (iv) any other dependants of the recipient."

^{12.} See Southworth (1945) and Doyle, Schurer, and Silburn (2022) for similar diagrams depicting the way public subsidies affect post-war consumption of food and the impact of welfare restrictions, respectively.

Figure 3

Budget Constraints under Welfare Restrictions

Notes: Panel A shows how the budget constraint changes when going from no welfare restrictions (MN) to 50 percent of welfare being quarantined (DCN). For a person who initially spends more than 50 percent of welfare on excluded goods (extramarginal consumer) at point A, they will consume at point C under the reform. In Panel B, the post-reform budget constraint is not horizontal, but is flatter once expenditure on excluded goods exceeds 50 percent, reflecting the higher underground market cost of those goods. In this case, the extramarginal consumer reduces their consumption of excluded goods but still allocates more than 50 percent of welfare income to them.

horizontal. Although along DC households are not fully expending their total benefit entitlements, these unspent funds cannot legally be used to purchase additional excluded goods due to the administrative constraints imposed by income management. If income management operates as intended, extramarginal households would be expected to reduce their spending on excluded goods to 50 percent of their total benefits (point C). The consumption patterns of inframarginal households would be expected to be unchanged. Overall, by earmarking money for priority goods, income management is expected to increase such consumption.

B. Unintended Policy Consequences

Theoretically, income management could also have unintended consequences. The tradeoffs between priority and excluded goods depicted in Panel A rest on the assumption that income management does not induce price, illicit behavioral, or priming effects. Each of these could in theory result in a reduction in the consumption of priority goods. First, the policy may have increased prices of priority goods, as licensed stores were given a de facto monopoly over selling priority items. This would tilt the budget constraint (CN) inwards. Second, the mandated spending constraints on excluded goods are likely to increase the likelihood of underground markets emerging. Some extramarginal households may find that they can increase their utility by trading some priority goods for excluded goods in the underground market (for example, trading food for alcohol). Panel B of Figure 3 depicts the implications of an underground market for households' consumption patterns. Households now face a budget constraint of FCN, where the slope of NC is determined by the price of excluded goods in terms of priority goods in the underground market. The underground market allows extramarginal households to spend more than 50 percent of their benefits on excluded goods, though both the income and substitution effects push them to reduce their consumption of excluded goods once income management is introduced. Finally, by introducing a mental anchor, inframarginal households may be primed to reduce their consumption of priority goods closer to 50 percent of entitlements and increase the amount of excluded goods they consume.

C. Consequences of the Policy on School Attendance

Given this framework, we would expect an improvement in school attendance for extramarginal households, absent the unintended consequences discussed above. The international literature on school participation in poor communities suggests that lack of nutrition, health problems, and income poverty are the most common risk factors (Kremer and Holla 2009). Through income management, children would be better fed and healthier and would benefit from a greater share of household resources earmarked for school expenditures. Thus, we would expect school attendance to improve. Other anticipated social benefits (for example, reduced humbugging) may also act to reduce barriers to attendance.

The policy could have reduced priority good consumption for extramarginal households if an underground market emerged and the income effects were larger than the substitution effects (for example, because demand for excluded goods is highly inelastic). Anchoring bias or higher prices could have led to a similar effect, with negative effects on school attendance.

D. Consumption Patterns

Data limitations preclude any impact evaluation of income management on consumption and expenditure patterns in NT Aboriginal communities. There is, however, reason to believe that income management may not have resulted in a substantial shift in consumption. For instance, empirical evidence from localized studies is consistent with the view that income management had no impact on food purchases (Brimblecombe et al. 2010) and minor impacts on gambling behaviors (Lamb and Young 2011).

Similarly, Doyle, Schurer, and Silburn (2022) analyze 2003–2004 Household Expenditure Survey (HES) data and find that, prior to income management, low-income and welfare-dependent households in the NT were already spending on average more than 60 percent of their income on priority goods, such as food, rent, and utilities. This suggests that many households were inframarginal and therefore not directly affected by the spending restrictions imposed by income management. Our own analysis of the microlevel HES data reveals that 13–20 percent of similar households were likely extramarginal at the time, although this figure should be treated with caution since it includes an unknown number of households that were not in the targeted NT communities.¹³ Thus, income management may have been binding for a small proportion of the population.

^{13.} Results provided upon request. The NT and Australian Capital Territory are combined in the HES microdata set, and we do not observe whether households are living in urban centres.

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Finally, reports of benefit cards being traded for cash indicate that an underground market may have developed at some point after the introduction of income management (Bray et al. 2012; Marston et al. 2020). The scope for income management to alter consumption is reduced to the extent that households are inframarginal and/or have access to an underground market.

IV. Data

A. Attendance Data

Our analysis is conducted with data from the Northern Territory Early Childhood Data Linkage Project, which is funded through a Partnership Project between the National Health and Medical Research Council (NHMRC) and the NT Government. In particular, we rely on daily attendance and enrollment records provided by the NT Department of Education, covering all students enrolled in the public school system born from 1994 onwards.¹⁴ The use of daily data is critical to our estimation strategy because it allows us to exploit fully the variation in program timing, despite the policy being rolled out over a relatively short time frame.

The sample is restricted to the period 2006–2009 (inclusive). Since income management was first introduced in September 2007 and fully rolled out by October 2008, this window covers approximately 1.5 years before and after the implementation period. We restrict our analysis to this window because the NTER income management scheme was reformed in 2010 in such a way that is not amenable to evaluation with our data. Our observation window allows us to determine whether income management was effective in the short to medium term.

To construct an estimation sample, we used the income management rollout schedule published in AIHW (2010), which lists the exact day when income management commenced in each community and linked this to the school attendance data.¹⁵ We also observe students' year level in our data. In the NT, schooling is compulsory from ages 6–17 (implying that most students are legally obligated to be in school until at least the end of tenth grade). Grade levels are segmented into primary (1–6), middle (7–9), and senior schools (10–12). An optional transition year is available before first grade. We restrict the sample to students enrolled in Grades 1–12. Our final data set is an unbalanced panel of 9,162 students attending 130 different schools. There are approximately 200 school days in each calendar year, and altogether we have more than 3.5 million student–day observations.

^{14.} All NT Government schools are required to provide daily records of student attendance through a centralized electronic database, the Student Administration and Management System. Upon initial enrollment, each student is given a unique identifying number, which allows us to track individual students across time and schools. We do not have data for private schools, which operate in six of the communities in our sample.

^{15.} We matched communities to school names by looking up school addresses in the NT Schools Directory, or, in some cases, using the school's own website. We were able to match 130 schools in our data belonging to 78 separate communities. In most communities there is one major school; 61 communities have a single school only. Forty-seven of our schools are "homeland learning centers," which are government-funded education facilities operating in very remote areas without the staffing or infrastructure requirements of a regular school. They have only a few enrollments at any time and comprise a small fraction of student–day observations in our sample.

Table 2

| - | | | | | |
|-------------------------------|-------|-------|-------|-------|-----------|
| | 2006 | 2007 | 2008 | 2009 | All Years |
| Primary Students ^a | | | | | |
| Attendance rate $(\%)^{b}$ | 63.17 | 64.00 | 62.69 | 64.95 | 63.73 |
| Moved (%) ^c | 40.50 | 38.55 | 40.14 | 39.42 | 58.12 |
| Students | 4,682 | 4,877 | 5,007 | 5,236 | 8,491 |
| Secondary Students | | | | | |
| Attendance rate (%) | 63.16 | 60.77 | 56.92 | 56.16 | 57.91 |
| Moved (%) | 49.21 | 50.69 | 51.69 | 53.95 | 67.22 |
| Students | 378 | 1,014 | 1,658 | 2,037 | 2,660 |

Sample Statistics for School Attendance Data: Communities Selected for Income Management

Notes: Data are from the NT Department of Education administrative records, and the reported statistics are based on the authors' calculations. The sample includes students born from 1994 enrolled in schools administered by the NT Department of Education operating in communities selected for income management.

^aPrimary students are those enrolled in Grades 1–6. Secondary students are in Grades 7–12.

^bThe attendance rate is the sum of student–day observations where the student attended school the whole day divided by the number of student–day observations where the student was expected to attend school.

^cMoved is an indicator variable for if at any time during the period the student changed their enrollment to a school into a different community (intracommunity school changes are excluded) or left/joined the NT administrative data set (which include interstate moves or moves between the private/public sector). Students are counted as having left if they exit the data set for at least six months. Students are counted as having joined if they first enter the data set or return to the data set after an absence of at least six months. Students who join the sample in Grade 1 or exit the sample in Grades 11 or 12 are not included in this calculation.

B. Student and Community Characteristics

Statistics on attendance and geographic mobility for the students in our sample highlight three important stylized facts. First, school attendance is persistently low. Second, students are highly mobile. Third, the vast majority of students reside in very remote areas that are characterized by significant economic disadvantage. Specifically, the average attendance rate is only 63.7 percent (57.9 percent) for primary (secondary) students living in income-managed communities during the sample period (see Table 2). In comparison, the attendance rate is 86 percent for the rest of the NT during the same period. Table 2 also highlights the significant degree of mobility within this population. Between 38.6 and 40.5 percent of primary students. This reflects the high degree of mobility of Aboriginal people generally in the NT.

The majority of students in our sample are enrolled in primary school (Years 1–6). This is in part because there are more compulsory year levels in primary education. It also reflects the fact that enrollment drops sharply with age in remote Aboriginal communities (He et al. 2018). The marked increase in secondary students during this time is driven by the cohort restrictions in the data—students born in or after 1994 are at most 12 years old in 2006 and are too young for middle school. By 2009 a much larger proportion of students have transitioned into secondary education.

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Table 3

Characteristics of Communities Selected for Income Management Compared to the Australian General Population

| | A | Sample | | | |
|--|-------------------|--------|--------|-------|-------|
| Variable | Aus. Pop. Mean | Mean | SD | Min. | Max. |
| Population | | 428.27 | 361.04 | 83 | 1,904 |
| Male (%) | 49.4 | 48.57 | 3.28 | 40.87 | 56.52 |
| Median age (years) | 37 | 22.09 | 2.16 | 18 | 27 |
| English only language spoken at home (%) | 78.5 | 17.23 | 22.60 | 0 | 94.38 |
| Labor force participation rate (%) | 64.6 | 37.78 | 16.23 | 6.90 | 83.50 |
| Employment rate (%) | 94.8 | 86.00 | 15.91 | 9.22 | 100 |
| Median weekly personal income (\$AUD) | 466 | 209.82 | 39.93 | 148 | 466 |
| Average people per household | 2.6 | 6.08 | 1.43 | 3.3 | 9.6 |

Notes: Data are from the 2006 Australian census. For the sample characteristics, N=64 in the case of population and percentage males. N=55 for all other variables. Community data are for the Indigenous Local Area for that community. For the missing observations, a suitably granular spatial unit could not be identified in the census data.

Finally, 93.3 percent of the schools in our sample are located in areas classified as "very remote" by the Australian Bureau of Statistics (based on distance to urban centers). The remainder are classified as "remote." To put this in perspective, less than 1 percent of the 2006 Australian population resided in very remote areas (ABS 2008). All schools in our sample, except one, qualify for remote area benefits offered by the NT Department of Education to attract teachers. More than 60 percent of schools qualify for the highest benefits.

A comparison of community characteristics highlights the economic and social disparities between remote Aboriginal communities and the rest of Australia (see Table 3). The children in our sample come from small, geographically disparate communities (see also Figure 2). The average median age is much lower in our sample than in the rest of Australia. There are also substantial disparities in terms of labor force participation, employment, income, and household size. Our descriptive statistics reveal considerable heterogeneity across communities, in particular in labor force participation and languages spoken at home. On average, only 17.2 percent of households in income-managed communities speak English exclusively at home.¹⁶

V. Estimation Strategy

A. Event Study Analysis

We begin by analyzing the effect of income management using an interrupted time series design (that is, the classic event study framework popular in finance). After collapsing data to the community level, we estimate the following model:

^{16.} Many Aboriginal languages are spoken across the NT. English is often the second language.

(1)
$$Y_{ct} = \alpha + \sum_{d=-365}^{365} \pi_c \mathbf{1}(\tilde{\tau}_{ct} = d) + \gamma_c + \boldsymbol{\epsilon}_{ct},$$

where Y_{ct} is average whole-day school attendance in community *c* on school day *t*, and $\tilde{\tau}_{ct}$ is the "event date," which measures the number of days since the introduction of income management. For example, $\tilde{\tau}_{ct} = -1$ if income management will be rolled out tomorrow, $\tilde{\tau}_{ct} = 0$ if it was rolled out today, and $\tilde{\tau}_{ct} = 1$ if it was rolled out yesterday. We restrict our data to the one-year window on either side of the implementation date, implying that all communities are equally represented and sufficient observations are retained to examine pre- and post-implementation trends. We do not have a strictly balanced panel, as school holidays and weekends create gaps in the data such that for some *t* only a subset of communities identify the coefficient.¹⁷ The vector γ_c captures community fixed effects, and ϵ_{ct} is a stochastic error term. The data are weighted by the number of students in each community for each day.

The purpose of the event study analysis is to evaluate the validity of our identification assumption through examination of the pattern in event date coefficients (see Hoynes and Schanzenbach 2009). If the introduction of income management is unrelated to trends in school attendance, then we would expect to see no systematic trend prior to the introduction of income management. At the same time, a discontinuous change in attendance patterns that coincides with the introduction of income management is consistent with income management having a causal effect.

B. Difference-in-Differences Estimation

Our baseline specification relies on a difference-in-differences (DD) approach that uses communities that receive income management later as a control group for those receiving income management earlier. After collapsing data to the community level, the estimation equation is:

(2)
$$Y_{cdt} = \alpha + \beta I M_{cdt} + \lambda G_{cdt} + \gamma_c + \delta_d + \tau_t + \epsilon_{cdt},$$

where Y_{cdt} measures average full-day attendance in community *c*, recorded on school day *t* and day of the week *d*. IM_{cdt} is an indicator variable that equals one if income management had been rolled out in the community on that day, and equals zero otherwise. The model accounts for community (γ_c), day-of-the-week (δ_d), and time (in days) (τ_t) fixed effects, as well as average grade level of students in the community (G_{cdt}). The inclusion of day fixed effects controls for a nonparametric time trend in attendance. Finally, ϵ_{cdt} is a stochastic error term, and the remaining variables are parameters to be estimated. Weights proportional to the number of students in each

community for each day are used in all our regressions. Our main interest is in $\hat{\beta}$, which captures the effect of income management on average school attendance.

Our review of the administrative process underlying the introduction of income management, along with the lack of an empirical relationship between community characteristics and the onset of income management, give us confidence that the rollout of

^{17.} For example, if income management is introduced on a Monday for community c, then there is no observation for $\tilde{\tau}_{ct} - 1$ for that community as no student is expected to attend school on a Sunday.

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income management is not related to attendance patterns (see Section II.C). Nevertheless, we relax our identification assumption by adopting a less-flexible parametric specification for our time fixed effects and allowing the time trend in attendance to vary at the policy commencement group level as follows:

(3)
$$Y_{cndt} = \alpha + \beta I M_{cndt} + \gamma_c + \rho_n + \rho_n \phi_s + \lambda G_{cndt} + \delta_d + t + \epsilon_{cndt},$$

which accounts for community-level fixed effects, fixed effects for the four school terms each year (ρ_n), an interaction between the school term and commencement group ($s \in C$) for income management ($\rho_n \varphi_s$), and a linear time trend *t*.¹⁸ Other variables are as defined in Equation 2. This specification is particularly appealing since school terms coincide with seasons in the NT, allowing us to control for seasonal patterns in attendance at the commencement group level. In Equation 3, both the level of and term-specific trends in attendance are allowed to vary across communities. In all models, standard errors are clustered by community.

VI. Results

A. Attendance

To establish the validity of the maintained assumptions underpinning the DD method, we first present results obtained from estimation of the event study model. The estimation of Equation 1 results in separate estimated coefficients for each of 717 different event days for which attendance is measured. These coefficients effectively capture daily changes in attendance levels in the lead up to and following the introduction of income management. In Figure 4, we plot these coefficients before and after the introduction of income management. To suppress the degree of noise inherent in the daily data, we group these coefficients into bins of roughly one month.

There is little evidence of any systematic trend in school attendance prior to the introduction of income management. At the same time, we observe a discontinuous drop in attendance that occurs precisely at the onset of income management. Attendance rebounds quickly, however, returning to baseline levels in about six to 12 months. These results support the validity of our identification strategy and point to an adverse effect of income management on attendance.¹⁹

We turn now to the results of our DD estimation (Equations 2 and 3), presenting four model specifications: Model 1 includes no control variables, Model 2 includes control variables (Equation 2), Model 3 includes commencement group-specific quarterly trends

^{18.} The commencement group variables are indicators for clusters of communities that commenced income management on the same day. We interact school term and latter linear time trends with commencement group rather than community since this improves precision, but the choice should not directly affect the estimated coefficients (indeed, estimates using community dummies are nearly identical). We thank an anonymous reviewer for this suggestion.

^{19.} Another common approach for testing the exogeneity of policy timing is to estimate a "pseudo policy effect." We are constrained by the fact that our data only go back to 2005. However, we calculated pseudo policy effects by assuming that income management was introduced two years before its actual implementation and reestimating all models over the period 2005–2007 (inclusive). Results from this exercise reveal no consistent evidence of a pseudo policy effect (see Online Appendix Table A2), which supports our identification strategy.

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Figure 4

Event Study Coefficients for School Attendance

Notes: Results are based on ordinary least squares (OLS) estimation of Equation 1 using observations between ± 365 days from the onset of income management in each community. The dependent variable is average whole-day school attendance in community *c* on school day *t*. The regression controls for community fixed effects and separate indicators for each event date (that is, time until/since income management commenced) and use weights proportional to the number of students in each community for each day. Due to school holidays and weekends, some event dates have no observations, such that the number of separate indicators is 717. Reported are estimated coefficients on the event date dummies in Equation 1. These are binned into 12 groups (approximately one month) on each side of the implementation date. The reference period is $\bar{\tau}_{st} = -365$, and deviations in the attendance rate are relative to attendance on this date. Capped lines represent 95 percent confidence intervals.

(Equation 3), and Model 4 adds a full set of interactions between (i) commencement group fixed effects, (ii) school-term fixed effects, and (iii) a linear time trend. Because of its flexibility, we consider Model 4 to be our preferred specification. Finally, since our event study results point to a dynamic effect of income management on attendance—namely a short-run decrease and subsequent return to trend—we also estimate Models 1–4 allowing the treatment effect to vary with days elapsed since the onset of income management (less than 30 days, 30–59 days, 60–89 days, 90–119 days, 120–149 days, and 150+ days ago). Panel A of Table 4 presents results from models with an aggregate treatment effect; Panel B presents estimates from models with dynamic treatment effects.²⁰

^{20.} Since time-varying treatment effects may be confounded with post-treatment trends, we also estimate a version of Model 4 where time trends are only estimated for observations in the pre-income management period

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Table 4

Effect of Income Management on School Attendance: OLS Regression Results

| | (1) | (2) | (3) | (4) |
|--|----------------------|---------------------|----------------------|----------------------|
| Panel A: Single Treatment Ide | entifier | | | |
| Treatment | -0.015 (0.010) | -0.022* (0.013) | -0.020* (0.010) | -0.019* (0.010) |
| Panel B: Treatment Effect by | Time since In | come Mana | gement Com | menced |
| <30 days ago | -0.037** (0.016) | -0.012 (0.015) | -0.021 (0.016) | -0.022 (0.016) |
| 30–59 days ago | -0.034** (0.016) | -0.023 (0.014) | -0.032** (0.012) | -0.031** (0.013) |
| 60–89 days ago | -0.052*** (0.016) | -0.033** (0.016) | -0.042*** (0.016) | -0.041** (0.016) |
| 90-119 days ago | -0.054*** (0.017) | -0.033* (0.018) | -0.035*** (0.013) | -0.034*** (0.012) |
| 120-149 days ago | -0.041*** (0.015) | -0.028 (0.020) | -0.023* (0.013) | -0.021 (0.013) |
| 150+ days ago | -0.006 (0.011) | -0.006 (0.016) | -0.005 (0.014) | -0.006 (0.015) |
| Community FE Time FE | | Y Y | Y | Y |
| Time trend School-term FE | | | Y Y | Y Y |
| C. group × Term C. group × Time trend | | | Y | Y Y |
| Time trend \times Term C. group \times Term \times Time trend | | | | Y Y |
| Day of the week FE | | Y | Y | Y |
| $\frac{N}{R^2}$ | 55,902 0.005 | 55,902 0.529 | 55,902 0.517 | 55,902 0.535 |

Notes: The dependent variable is the average full-day school attendance at day *t* in community *c*. The estimation sample is derived from an unbalanced panel of all students in Grades 1–12 enrolled in the NT public education system during the period 2006–2009 (inclusive). The full set of available controls include community fixed effects, time fixed effects (day level), a linear time trend, day-of-the-week fixed effects (Monday–Friday), school-term fixed effects, and average grade level for the community. There are four school terms per year; in 2007 the school terms were as follows: term 1, 29 January–5 April; term 2, 16 April–22 June; term 3, 23 July–28 September; and term 4, 8 October–14 December. These dates are similar for other years. Panel A and Panel B are the results of separate OLS regressions. All regressions use weights proportional to the number of students in each community for each day. Cluster robust (community level) standard errors reported in parentheses. Significance level: p < 0.10, *p < 0.05, **p < 0.01.

We find that income management reduced school attendance by 1.9 percentage points, an effect significant at the 10 percent level (Model 4 Panel A). As our data cover approximately 1.5 years after the introduction of income management, this can be interpreted as the estimated average treatment effect over the short to medium term. The result is remarkably stable across specifications. Interestingly, Model 1 results (no controls) are close to the DD results, implying that school fixed effects and time trends are not driving the policy effect.

To explore whether this estimate is driven by specific communities, we iteratively estimate Model 4 dropping each community from the sample in turn. Point estimates from this influence analysis range between -2.5 and -1.6 percentage points and in all but three cases are statistically significant at the 10 percent level. We also reestimate Model 4 with a treatment interaction for communities receiving income management earlier (up until 30 April 2008) rather than later (after 30 April 2008). The average treatment effect for early recipients is -1.2 percentage points in comparison to -2.5 percentage points for late recipients and their difference is statistically insignificant. Thus, the attendance penalty we find does not stem from the influence of particular communities or the relative timing of the reform.

Results in Panel B indicate that the average effect masks important dynamics in attendance behavior. The response in attendance follows a U-shaped pattern. In the immediate 30 days after income management, school attendance is estimated to fall by 2.2 percentage points (Model 4). The decrease in attendance is greatest 60–89 days after income management is introduced (4.1 percentage points), while there is no statistical difference in attendance 150+ days post income management (–0.6 percentage points). The average effect in the first five months is 3.0 percentage points. Average attendance pre-treatment is 63 percent. This implies a reduction in attendance of 4.7 percent relative to the pre-treatment mean. Taken together, our results indicate that income management caused a reduction in school attendance in the short term. In the medium term, attendance recovered but not beyond the baseline trend.

In an effort to understand the potential for anticipation effects, we have also estimated models that include indicators that capture the pre-treatment trends in school attendance (see Figure 5).²¹ Communities experienced a median consultation period of 46 days before income management began (AIHW 2010). Initially, there was a great deal of confusion about whether or not income management would be linked to school attendance data to Centrelink may have undermined community–school relations (Kroneman 2007). Moreover, some commentators have argued that Aboriginal Australians use school participation as a means of exercising agency when confronted with punitive policy measures (Petray 2013). Consistent with this, we find that in our preferred specification (Model 4), school attendance is slightly lower in the months preceding the rollout of income management (relative to January 2006 until five months before income management was introduced in the community). It drops even further once

and are then "netted out" of average attendance. These estimates are very similar to those reported in Column 4 of Table 4 (see Online Appendix Table A3).

^{21.} In addition to the additional controls, one reason Figures 4 and 5 differ is because Figure 4 averages across event day coefficients, which effectively weights each event day equally, whereas in Figure 5 each day is effectively weighted by the number of observations on that day.

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Figure 5

Effect of Income Management on School Attendance: OLS Estimates with Time-Varying Treatment Effects

Notes: Reported are the estimated treatment effects of income management on school attendance, allowing for both preand post-policy dummy variables. Cluster robust (community level) standard errors are used to construct 95 percent confidence intervals. The estimates are based on OLS estimation of the extended version of Equation 3 (Model 4). The dependent variable is the average full-day school attendance at day *t*. The regression includes a full set of interactions between (i) commencement group fixed effects, (ii) school-term fixed effects, and (iii) a linear time trend (see Model 4 of Table 4). The estimation sample is derived from an unbalanced panel of all students in Grades 1–12 enrolled in the Northern Territory public education system during the period 2006–2009 (inclusive). The reference period is average school attendance from January 2006 until five months before income management was introduced in the community.

income management begins. Benchmarking post-treatment attendance against attendance 30–60 days before the commencement reduces our estimated treatment effect by approximately 1.0 percentage point. However, it remains negative, and we continue to reject strongly that income management resulted in any improvement in attendance as intended.

Finally, to test robustness to concerns that treatment effect estimates from multiperiod DD designs can have undesirable properties in the presence of heterogenous or time-varying treatment effects (see, for example, Goodman-Bacon 2021; de Chaisemartin and D'Haultfœuille 2020; Callaway and Sant'Anna 2021), we follow the approach in Deshpande and Li (2019).²² Their approach involves appending separate data

^{22.} This stems from the fact that the estimator is actually a weighted sum of many two-group DD estimates, with weights that can be negative, and where treated units are sometimes controls for units that change

sets for each commencement group. In each data set, treated units are those commencing the policy at that period, and controls are those commencing after some future date. The standard DD model is then estimated (our Model 2) with additional controls for if observations are after the treatment date (or for each pre- and post-grouping in the case of an event study specification). In our case, we narrow the data to 150 days either side of policy commencement in each generated data set and use units treated in more than 150 days as controls. <u>Online Appendix Figure A2</u> presents our estimates as an event study graph comparable to Figure 5. Our results are robust to this exercise. We continue to estimate a U-shaped drop in attendance that disappears after approximately five months.²³

To put our results in perspective, note that a three percentage point reduction in the probability of attendance over the first five months translates to 2.5 additional absences over that period. Hancock et al. (2013) argue that "every day counts" in the sense that there is a strictly decreasing relationship between attendance and academic achievement. Schurer et al. (2018) demonstrate that variation in test scores among Aboriginal children in remote NT communities is explained by variation in school attendance. On this basis, it is possible that income management may have had a modest negative affect on academic achievement.

B. Heterogeneity by Gender, School Level, and School Attachment

Income management may have affected boys and girls differently. Aboriginal boys are at an educational disadvantage relative to Aboriginal girls from an early age (see Yap and Biddle 2010; Wilson 2013; Biddle and Meehl 2016; He et al. 2018; Su et al. 2018). They are less likely to be attending school regularly and have lower test scores and attainment than Aboriginal girls. In our sample, the attendance rate for girls is 64.1 percent and for boys is 61.3 percent. Biddle and Meehl (2016) argue that differences in the way that men and women experience discrimination, high incarceration rates among Aboriginal men, and the near absence of job opportunities for uneducated Aboriginal women all contribute to the gender gap in educational outcomes for Aboriginal children.

Moreover, educational disparities are much starker among high school students, particularly in remote Aboriginal communities (Herbert et al. 2014). School attendance rates drop steeply from fifth grade onwards; by tenth grade, the attendance rate in very remote areas is only 40 percent (He et al. 2018). A 2003 review of secondary education in the NT points to the large number of Aboriginal adolescents in remote areas not participating in education at all, noting that "the review team doubts that what is being delivered meets acceptable criteria for secondary education" (Ramsey 2003, p. 164). A

treatment status. Solutions typically involve some element of narrowing the treatment period and using only untreated units as controls

^{23.} As in Figure 5, the results in Online Appendix Figure A2 indicate the policy may have had some adverse impact in the month preceding commencement. Compared to 30-59 days before commencement, we estimate that students were 4.3 percentage points (p = 0.043) less likely to attend 30-59 days after the policy began and 4.5 percentage points (p = 0.052 after 60-89 days, which is similar to our estimates in Table 4. When we specify a single treatment effect for the whole 150 days, we estimate a reduction of 3.2 percentage points (p = 0.091) across this period, which is almost identical to our main results.

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decade later, a subsequent review recommended that secondary education in remote and very remote schools be progressively relocated to urban areas, with students accommodated in residential facilities (Wilson 2013). It is therefore also crucial to understand whether the policy primarily affected students who were already at the brink of disengaging with the formal education system (Prout 2008).

We investigate whether income management has heterogeneous effects on school attendance by estimating our preferred specification (Model 4) separately for: (i) boys versus girls, (ii) primary (Years 1–6) versus secondary (Years 7–12) students, and (iii) students with low versus high propensities to attend school. It is important to note that because we only observe students born in 1994 or later, the results for secondary schools are largely driven by students in lower grade levels. Table 5 reports results.

We find that the average attendance response to income management is slightly larger for boys (-2.1 percentage points) than for girls (-1.8 percentage points), but the difference is not statistically significant. The attendance response to the timing of income management is also similar for boys and girls. In both cases, the impact of income management on attendance follows a U-shaped pattern; attendance first falls, then rebounds, and after 150 days becomes statistically indistinguishable from its initial level. For both boys and girls, the largest downturn in attendance occurs 60–89 days after the introduction of income management, although the drop is deeper for boys (five percentage points) than girls (3.2 percentage points). There is more evidence of heterogeneity across school level, with income management having a much larger average effect on the attendance of secondary school students in both absolute and relative terms (-5.4 percent versus -2.0 percent).

We also explore how our estimates vary by students' long-term attachment to the school. Specifically, we reestimate our models separately for students with high (above median) and low (below median) attendance propensities.²⁴ The average treatment effect is -2.9 percentage points (-3.7 percent) for students with high attendance propensities, while it is only -0.7 percentage points (-1.4 percent) for students with a low propensity to attend school. Despite the disparity in average treatment effects, the short-term attendance response to the introduction of income management is very similar across the two groups. Both groups experience a large, statistically significant drop in attendance in the first month after the introduction of income management. Attendance continues to drop until four months following income management. Only the longer-run response depends on attendance propensity. Students with a high attendance propensity do not return to their longer-term school attendance rates even after five months (-3.2 percentage points). Thus, income management affected all students in the short run and had a lasting effect on students with relatively strong school attachment.

^{24.} The latent individual propensity to attend school for each student is predicted by backing out the individual fixed effects after estimating Model 4 (including interactions with time since policy onset) using OLS regression and including all available observations on school attendance for each student. Because we have daily school data, the expected bias in the estimation of the individual fixed effects is likely to be small ($\overline{T} = 542$). A second source of bias comes from the fact that heterogeneity in the treatment effect by attendance propensity is not controlled for in the estimation used to obtain the individual fixed effects. However, since the average treatment effect is small relative to the average attendance propensity (1.8 percentage points relative to 62.7 percent), this bias is also likely to be small.

Table 5

Effect of Income Management on School Attendance by Gender, School Level, and School Attachment: OLS Regression Results

| | Attendance ^a | | | | | |
|-------------------|-------------------------|-------------|----------------|---------------|-----------|-------------|
| | Males (1) | Females (2) | Primary (3) | Secondary (4) | Low (5) | High (6) |
| Panel A: Single T | reatment Id | lentifier | | | | |
| Treatment | -0.021* | -0.018* | -0.013 | -0.031** | -0.007 | -0.029*** |
| | (0.012) | (0.010) | (0.011) | (0.014) | (0.014) | (0.009) |
| Panel B: Treatme | nt Effect by | Time Si | nce Incom | e Managen | ient Comi | nenced |
| <30 days ago | -0.024 | -0.020 | -0.019 | -0.029 | -0.018 | -0.020 |
| | (0.018) | (0.016) | (0.017) | (0.019) | (0.022) | (0.013) |
| 30-59 days ago | -0.036** | -0.025* | -0.024* | -0.055*** | -0.028 | -0.025** |
| | (0.014) | (0.013) | (0.013) | (0.019) | (0.017) | (0.012) |
| 60–89 days ago | -0.050*** | -0.032* | -0.038** | -0.049* | -0.043** | -0.035** |
| | (0.017) | (0.017) | (0.015) | (0.027) | (0.021) | (0.015) |
| 90–119 days ago | -0.042*** | -0.026* | -0.030** | -0.043** | -0.036** | -0.028*** |
| | (0.014) | (0.014) | (0.012) | (0.020) | (0.018) | (0.010) |
| 120-149 days ago | -0.018 | -0.025* | -0.016 | -0.032 | -0.010 | -0.029*** |
| | (0.015) | (0.013) | (0.014) | (0.020) | (0.020) | (0.010) |
| 150+ days ago | -0.004 | -0.008 | 0.002 | -0.010 | 0.020 | -0.032** |
| | (0.016) | (0.015) | (0.015) | (0.021) | (0.020) | (0.012) |
| $\frac{N}{R^2}$ | 55,287 | 55,127 | 55,516 | 46,891 | 53,277 | 54,775 |
| | 0.521 | 0.481 | 0.512 | 0.460 | 0.473 | 0.366 |

Notes: All results are based on OLS estimation of the extended version of Equation 3. The dependent variable is the average full-day school attendance at day t in community c, for the relevant subsample of students. The regression includes a full set of interactions between (i) commencement group fixed effects, (ii) school-term fixed effects, and (iii) a linear time trend (see Model 4 of Table 4). The estimation sample is derived from an unbalanced panel of all students in Grades 1–12 enrolled in the NT public education system during the period 2006–2009 (inclusive).

^aHigh and low attendance students: The latent individual propensity to attend school for each student is predicted by backing out the individual fixed effects after estimating Model 4 (including interactions with time since policy onset) by OLS regression using all available time series data on school attendance for each student. Low attendance students have a latent propensity smaller than the median; high attendance students have a latent propensity equal or greater than the median. Panel A and Panel B are the results of separate OLS regressions. All regressions use weights proportional to the number of students (for the particular subgroup) in each community for each day. Cluster robust (community level) standard errors reported in parentheses. Significance level: *p < 0.10, **p < 0.05, ***p < 0.01.

VII. Potential Mechanisms

Policymakers hoped that income management would redirect household spending away from goods and services that can cause social harm and towards goods and services that are good for child welfare. The belief was that this would increase school engagement by improving children's health and safety, increasing parents' attentiveness, and reducing financial harassment.

Our results, however, indicate that income management reduced attendance in the short term. In what follows, we investigate the potential mechanisms underlying this result. Specifically, we consider the extent to which our results reflect: (i) the introduction of the NTER more broadly, (ii) changes in student enrollments, (iii) changes in student mobility, and (iv) financial disruption. Overall, we find no support for the first three of these explanations. However, we do find evidence that financial disruption stemming from the reform may have been responsible for the temporary downturn in school attendance following the introduction of income management.

A. Other NTER Measures

Income management was introduced into a fluid and rapidly changing policy environment (FAHCSIA 2011). Many other programs, including store licensing, child health checks, additional police support, and various infrastructure projects, were also rolled out to Aboriginal communities as part of the NTER (see <u>Online Appendix Table A1</u>). One possibility is that, rather than identifying the effects of income management per se, our results instead capture the effects of one or more of these other programs. However, we think this is unlikely for two reasons.

First, the introduction of other NTER measures did not coincide with the rollout of income management. We document the cumulative coverage of the other key NTER measures across communities over July 2007–July 2008 in Table 6. Alcohol restrictions were commonplace in remote communities even before 2007. The NTER introduced additional bans on alcohol and pornography that became effective almost immediate-ly.²⁵ These bans were in place in 88 percent of communities before income management began. In contrast, extra police and related measures were introduced into only 17 out of 78 communities during the rollout period. Among all other NTER measures, the school nutrition program seems to have the timeline that is most similar to that of income management. However, it is difficult to envisage how this would have reduced attendance. Rather, it provided an incentive for children to attend school.²⁶

While the rollout schedule of the additional NTER components in Table 6 is not available, we know from policy documents that communities ultimately received a police station (18) or had their community economic development program (CEDP) removed (34). Excluding these communities makes our negative treatment effects stronger (see Online Appendix Tables A4 and A5).

^{25.} Alcohol related laws came into effect on August 18, 2007 and alcohol offenses on September 15, 2007 (Central Land Council 2008).

^{26.} School meal programs in poor countries have proven effective in raising school attendance. See Kremer and Holla (2009) for an overview. Yu, Duncan, and Gray (2008) find no empirical evidence of improved attendance when comparing a sample of schools that were early as opposed to late recipients of the school nutrition program.

Table 6

| Measure | July–Sept. 2007 | Oct.–Dec. 2007 | Jan.–Mar. 2008 | Apr.–July 2008 |
|---------------------------|--------------------|-------------------|-------------------|-------------------|
| Welfare Reform and Empl | oyment | | | |
| Income management | 4 (4.8) | 23 (27.7) | 33 (39.7) | 78 (94.0) |
| Store license | 2 (3.7) | 8 (14.8) | 18 (33.3) | 54 (100.0) |
| RAEs lifted | 15 (23.0) | 65 (100.0) | 65 (100.0) | 65 (100.0) |
| CDEP transition | 3 (3.6) | 30 (36.1) | 30 (36.1) | 30 (32.5) |
| CEBs | 25 (35.6) | 38 (53.4) | 54 (76.7) | 69 (83.1) |
| Education and Child Healt | th | | | |
| Child health checks | 22 (26.5) | 48 (57.8) | 69 (83.1) | 81 (97.6) |
| School nutrition | 3 (4.4) | 7 (9.6) | 25 (34.2) | 68 (93.2) |
| Accelerated literacy | 0 (0.0) | 0 (0.0) | 0 (0.0) | 30 (81.1) |
| Quality teacher package | 0 (0.0) | 0 (0.0) | 0 (0.0) | 34 (85.0) |
| Law and Order | | | | |
| Banning alcohol | 73 (88.0) | 83 (100.0) | 83 (100.0) | 83 (100.0) |
| Banning pornography | 73 (88.0) | 83 (100.0) | 83 (100.0) | 83 (100.0) |
| Night patrols | 0 (0.0) | 0 (0.0) | 1 (2.2) | 14 (39.1) |
| Extra police | 6 (8.2) | 12 (16.4) | 16 (21.9) | 17 (23.3) |
| THEMIS police station | 6 (8.2) | 12 (16.4) | 16 (21.9) | 17 (23.3) |
| Family Support | | | | |
| Safe house | 0 (0.0) | 0 (0.0) | 0 (0.0) | 10 (13.7) |
| RAFCW | 0 (0.0) | 0 (0.0) | 0 (0.0) | 12 (14.4) |
| Child special services | 0 (0.0) | 0 (0.0) | 0 (0.0) | 12 (14.4) |
| Housing and Land | | | | |
| Leases | 27 (39.7) | 27 (39.7) | 65 (95.6) | 68 (100.0) |
| All CCU works completed | 0 (0.0) | 0 (0.0) | 0 (0.0) | 72 (98.6) |
| Governance | | | | |
| GBMs | 12 (14.8) | 67 (82.7) | 81 (100.0) | 81 (100.0) |

Number of Communities (Proportion of Total Selected) to Receive Major NTER Measures July 2007–July 2008

Source: Yu, Duncan, and Gray (2008).

Notes: Figures for each quarter are the cumulative number of communities that received the measure by the end of that quarter. The percentage of communities to have received the measure relative to the target number of communities is in parentheses. For details on each measure see Online Appendix Table A1.

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Second, our event study analysis indicates that our results are capturing the effects of income management rather than other components of the NTER. The decrease in school attendance occurs precisely at the point when income management is introduced into each community (see Figure 4). Given that the introduction of other key NTER measures did not coincide with the rollout of income management, they do not provide a compelling explanation for this result. Moreover, any aggregate response to the NTER overall is captured by time fixed effects.

B. Enrollment

Although school enrollment is mandatory until age 17 in the NT, in practice many children living in the remote Aboriginal communities are not enrolled in school (Wilson 2013). In this section, we explore whether the reduction in school attendance that occurred after the introduction of income management can be linked to changes in school enrollment. To the extent that income management led to safer, healthier, and more stable environments for children, it may also have had a beneficial effect in raising school enrollment rates. At the same time, enrollment rates may have also increased as a result of the initial uncertainty about whether income management would or would not be linked to children's lack of school participation. Some families may have moved to enroll children in school in the expectation that they would lose their benefits if their children did not attend school. In this case, the decline in attendance that we observe post-income management might be due to a negative selection effect. That is, income management may have encouraged children with lower school attendance propensities to enroll.

We observe the total number of students enrolled in school in each community on each day.²⁷ If income management influenced enrollment decisions, then we should see an increase in student numbers following its introduction. To investigate this, we reestimate our event study model (Equation 1) focusing on the number of enrolled students in community *c* at time *t*. As before, we obtain estimates of our event–time indicators that identify deviations in the number of enrolled students relative to the omitted period ($\tilde{\tau}_{ct} = -365$) and plot these against the onset of income management.

Figure 6 shows that enrollment appears to be increasing with time However, this is partly because our data only capture students born in 1994 or later. By 2009, these students are still yet to age out of the education system, which means that students entering Grade 1 each year are not offset by students exiting secondary education.²⁸ The slope of the trend in Figure 6 should therefore be interpreted with caution. What is important for our analysis is whether there is a systematic discontinuous change in enrollments that coincides with the onset of income management—there is no evidence of such an effect, making it unlikely that changes in school enrollments explain the estimated reduction in attendance. We reach the same conclusion when we estimate our DD models on the total number of students in the community (see <u>Online Appendix Table A8</u>).

^{27.} We do not observe enrollment rates because we do not observe the number of children in the community.28. This also contributes to the variability in Figure 6, along with the fact that not every school represented in each event day coefficient due to school holidays and weekends.

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Figure 6

Event Study Coefficients for Number of Students Enrolled in Income-Managed Communities

Notes: Results are based on OLS estimation of the same form as Equation 1 using observations between ± 365 days from the onset of income management in each community. The dependent variable is the number of students enrolled in schools located in community *c* on school day *t*. The regression controls for community fixed effects and separate indicators for each event date (that is, time until/since income management commenced) and use weights proportional to the number of students in each community for each day. Due to school holidays and weekends, some event dates have no observations, such that the number of separate indicators is 717. Reported are estimated coefficients on the event date dummies in Equation 1. These are binned into 12 groups (approximately one month) on each side of the implementation date. The reference period is $\bar{\tau}_{sf} = -365$, and deviations in the attendance rate are relative to attendance on this date. Capped lines represent 95 percent confidence intervals.

C. Geographic Mobility

Geographic mobility is high in NT Aboriginal communities; families frequently relocate for social and cultural reasons, including ceremonies and the maintenance of kinship (Memmott, Long, and Thomson 2006). Income management may have reduced geographic mobility. Traveling was made more difficult because benefit recipients had to plan ahead to arrange with Centrelink to have their income-managed funds made available to stores outside their community (AIHW 2010).²⁹

^{29.} In theory, income management may have increased geographic mobility to avoid the policy. In practice, however, this is unlikely to be empirically important, as virtually all Aboriginal communities were ultimately subject to income management. In order to avoid the policy, a community member would have had to leave Aboriginal land altogether. Moreover, once income-managed, a welfare recipient would still be subject to income management even if they moved away.

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If the onset of income management altered mobility patterns, our results could again be reflecting a selectivity effect as children with higher attendance rates disproportionately leave Aboriginal communities (or children with lower attendance rates disproportionately stay). We explore the pattern in geographic mobility using data from the entire NT. Schools are categorized by whether they are located in income-managed communities or not. Geographic mobility is measured by identifying students who change schools across communities, allowing us to focus on the dynamics of in- and out-migration in income-managed communities. In-migration is defined as the number of students joining communities, other non-income-managed communities, or from outside our administrative data set (for example, interstate moves or moves between the private and public education sectors). Out-migration is defined as the reverse of in-migration.

The most common type of move is from one income-managed community to another (56.2 percent of moves within the NT in 2008). Moves (i) from income-managed to non-income-managed communities and (ii) from non-income-managed to income-managed communities account for an approximately even share of the remaining 43.8 percent of moves within the NT. Finally, of the 6,665 students enrolled in schools in income-managed communities in 2008, approximately 17.5 percent either entered or exited our administrative data system. Online Appendix Table A6 presents further details on mobility patterns.

Our approach to analyzing the mobility data is similar to that used for studying enrollments, using the event study models described in Equation 1. In Figure 7, we plot the relationship between time since the onset of income management and the rate of inmigration (Panel A) and out-migration (Panel B). The *y*-axis is the deviation in the relevant mobility rate with $\tilde{\tau}_{st} = -365$ set as the reference period. Focusing first on inmigration, we find no clear pattern in the data and certainly no evidence that mobility changes around the onset of income management. There is some indication of a small increase in the rate of out-migration around the time income management commenced. However, there is also considerable variability in the data, and this result is not significant. Overall, Figure 7 does not provide strong evidence that student mobility was affected by income management. We also find no evidence of mobility changes in DD estimation results (Online Appendix Tables A9 and A10).

Although overall mobility into and out of income-managed communities seems to be unaffected by the introduction of income management, it is possible that the composition of the migration flow was affected. Specifically, in- and out-migrants may have become more or less selected with respect to their propensity to attend school. We address this issue by focusing our attention on students who did not move between 2006 and 2009 (41.9 percent). We estimate our main models using this subsample of students. Despite the smaller sample size, we find the same substantive results. There is a short-run reduction in attendance of up to 3.1 percentage points (90–119 days) and no effect on attendance after 150 days (Online Appendix Table A7). We conclude that changes in mobility patterns are unlikely to explain the drop in school attendance as income management was introduced.

D. Financial Disruption and Family Functioning

It is possible that the poor implementation and complex procedural rules of the income management policy, coupled with widespread community dissatisfaction, reduced family engagement with schools. In particular, the introduction of income management was

Figure 7

Event Study Coefficients for Student Movement into and out of Income-Managed Communities

Notes: Results are based on OLS estimation of the same form as Equation 1 using observations between ± 365 days from the onset of income management in each community. For Panel A, the dependent variable is the total number of students moving into the community divided by the number of students already enrolled in the community on day *t*. Moves into a community include students moving from other income-managed communities; other non income-managed communities; other non income-managed communities; other an absence of at least six months (for example, interstate moves or moves between the private and public education sector). For Panel B, the dependent variable is the total number of students leaving the community. The regressions control for community fixed effects and separate indicators for each event date (that is, time until/since income management commenced) and use weights proportional to the number of students in each community for each day. Due to school holidays and weekends, some event dates have no observations, such that the number of separate indicators is 717. Reported are estimated coefficients on the event date. The reference period is $\bar{\tau}_{st} = -365$, and deviations in the attendance rate are relative to attendance on this date. Capped lines represent 95 percent confidence intervals.

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characterized by a lack of consultation with stakeholders, confusion about how the policy would operate, hurdles in accessing welfare benefits, and difficulty checking account balances. Initially, Centrelink struggled to administer the new, individual income management accounts. As a consequence, it had to extend its operating hours to meet the increased service demand (FAHCSIA 2008).

Some income-managed clients experienced short-term income disruptions because their welfare payments had been quarantined without their knowledge. At the end of November 2007, 22.6 percent of Centrelink clients were placed on "auto income management" because they had failed to contact Centrelink staff to allocate their funds (AIHW 2010, p. 23). This lack of consultation with Centrelink staff resulted in a high point of unallocated funds in the magnitude of 50.3 percent on November 23, 2007 (AIHW 2010, p. 30). In some cases, the disruption caused by expected, but missing, payments resulted in children being absent from school as they traveled with their parents to Centrelink offices in regional centers to sort out their benefits.³⁰

The procedural rules associated with income management have also resulted in benefit payment suspensions (Doyle, Schurer, and Silburn 2022). Suspensions occurred if a recipient remained on auto income management for 13 weeks or more, made procedural errors, or was detained in jail. The number of affected community members was large. Nearly one in ten of all 21,763 income-managed clients had at least one payment suspended for reasons directly related to administrative rules governing access to benefits (AIHW 2010, p. 26–27). Doyle, Schurer, and Silburn (2022) calculate that during the rollout of income management as much as AU\$2,067,660 in benefits may have been suspended. Although many suspended payments were restored by the end of the rollout period, one-third of suspensions continued beyond March 2009. These shortfalls in the benefit entitlement would have implied a severe temporary income shock for many households.³¹

The introduction of the Basics Card in 2008 was meant to improve outcomes by facilitating access to quarantined benefits. The Basics Card can be used to purchase goods and services in the same way as a regular debit card. This eliminated the need for priority goods to be purchased from either nominated community stores or using store cards previously obtained from Centrelink. The Basics Card significantly reduced the transaction costs associated with income management, particularly when traveling outside home communities. It may have also assisted in restoring social capital by allowing family members to pool resources. Although Basics Cards were protected by a personalized identification number (PIN), and clients were told not to share their card or PIN, in practice many people admit to doing both (AIHW 2010; Bray et al. 2014). Qualitative evidence suggests that people viewed the Basics Card as a substantial improvement in the way income management operated (AIHW 2010). This suggests that transaction costs may also have contributed to the financial disruption that people experienced as a result of the policy.³²

^{30.} Personal communication with Olga Havnen, NT Coordinator General for Remote Service Delivery during the Northern Territory Emergency Response (November 22, 2017). Central Land Council (2008) reports disruption effects in six selected communities, including lack of access to funds, missing transfers, and long waiting times at Centrelink to collect store cards.

^{31.} Unfortunately, data on the shortfalls of benefit payments per community are not available to test rigorously for the extent of financial disruption.

^{32.} The Basics Card was introduced on September 8, 2008 and was completely rolled out to all incomemanaged clients by December 15, 2008 three months later. Information regarding the rollout schedule for the

Compounding any financial disruption was also the widespread dissatisfaction with the compulsory nature of the policy. Many felt that they were being unfairly targeted and did not need to be income-managed (Yu, Duncan, and Gray 2008; AIHW 2010). Income management also placed constraints on resource sharing within families, which policymakers hoped would reduce the pressure (humbugging) on women and the elderly to share their benefits with extended family members (AIHW 2010). This aspect of the policy was poorly received, as remote Aboriginal communities are highly collectivist, and resource sharing is an important social institution.

Overall, it is plausible that the uncertainty and financial stress associated with the way that income management was rolled out reduced family functioning, increasing school absences. The short-term disruption to families' ability to make purchases and pay the bills while they worked to gain access to their Centrelink benefits would certainly have intensified the disadvantage they were already experiencing. Some women reported, for example, that income management led to more petty crime because of cash shortages (Equality Rights Alliance 2011). Moreover, being preoccupied with pressing budgetary concerns leaves fewer cognitive resources available for decision-making (Mani et al. 2013), including in relation to children (Cobb-Clark, Salamanca, and Zhu 2019). In effect, "scarcity changes how people allocate attention: It leads them to engage more deeply in some problems while neglecting others" (Shah, Mullainathan, and Shafir 2012, p. 682). Adults' preoccupation with the temporary financial stress caused by the initial introduction of income management is likely to have had particularly profound effects for Aboriginal children who live in complex, fluid, extended families and have a great deal of agency over their own decisions.³³

We investigate the link between the potential financial disruption of the income management policy and family functioning by conducting a supplemental analysis of data from the Longitudinal Study of Indigenous Children (LSIC). LSIC surveys Aboriginal children and their parents across Australia. LSIC allows us to explore the outcomes of a small number of families (N=30) who entered income management between 2008 and 2009 using a triple difference (DDD) methodology (see Online Appendix B for full details on methodology, data, and variable definitions).³⁴ We consider the following four outcomes: (i) harassment for money (humbugging), (ii) alcohol consumption, (iii) children exposed to arguing, and (iv) money concerns. Table 7 presents results.

We find that income management increased the risks of humbugging by 29 percentage points (116 percent relative to the mean) and of children being involved in or upset by family arguments by 20 percentage points (95 percent). Income management is also associated with increased worry over money, although this effect is estimated imprecisely. At the same time, there is no evidence that income management changed alcohol consumption—a key objective of the policy. This finding is consistent with other evidence that income management did not change sales in community stores

Basics Card is not available. This means that we cannot test whether the Basics Card had benefits by reducing transaction costs.

^{33.} More generally, Mullainathan and Shafir (2013) argue that it is the tax on cognitive "bandwidth" generated by a lack of income—which explains the link between disadvantage and ineffective parenting.

^{34.} Our DDD estimates capture the difference in two separate DD estimates that use those never on income management as a reference group. The first DD estimate is for those going on to income management; the second DD estimate is for those continuously on income management. Taking the difference between these estimates captures differential time trends between the two control groups, those never on income management and those always on income management

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Table 7

Regression Estimates for the Effect of Income Management on Family Disruption

| | Humbugging | Alcohol Use | Arguing | Money Concerns |
|---|------------|----------------|----------|-------------------|
| Treatment | 0.030 | 0.066 | -0.048 | -0.059 |
| | (0.081) | (0.090) | (0.068) | (0.086) |
| Wave 2 | 0.024 | -0.062*** | -0.010 | -0.009 |
| | (0.018) | (0.017) | (0.017) | (0.019) |
| Treatment × Wave 2 $(\hat{\beta}_3)$ | 0.201* | 0.040 | 0.067 | 0.150 |
| | (0.114) | (0.119) | (0.085) | (0.098) |
| Continuous | 0.261*** | 0.188*** | 0.143* | -0.075 |
| | (0.085) | (0.084) | (0.080) | (0.073) |
| Continuous × Wave 2 ($\hat{\beta}_5$) | -0.091 | 0.050 | -0.134 | 0.063 |
| | (0.093) | (0.112) | (0.090) | (0.095) |
| Constant | 0.212*** | 0.256*** | 0.191*** | 0.318*** |
| | (0.014) | (0.015) | (0.014) | (0.016) |
| β_{DDD} | 0.292** | -0.009 | 0.201* | 0.087 |
| | (0.145) | (0.161) | (0.122) | (0.134) |
| Ν | 1740 | 1726 | 1726 | 1737 |

Notes: Data are from the 2008 and 2009 waves of LSIC. Dependent variables are all indicator variables for the following. Humbugging: In the last year have you or your family been humbugged (harassed for money)? Alcohol use: In the last year have you or a close family member had an alcohol or drug problem? Arguing: In the last year has (Study Child) or any other child of yours been involved in or upset by family arguments? Money concerns: In the last year has your family had serious worries about money? Treatment is an indicator for if the individual goes on to income management in wave 2. Continuous is an indicator for those on income

management in both waves. Wave 2 is an indicator for the second wave of LSIC. $\hat{\beta}_{DDD} = \hat{\beta}_3 - \hat{\beta}_5$. Estimates are obtained by OLS. Cluster robust (individual level) standard errors reported in parentheses. Significance level: *p < 0.10, **p < 0.05, **p < 0.01.

(Brimblecombe et al. 2010) or the smoking and drinking behaviors of pregnant women (Doyle, Schurer, and Silburn 2022). When taken together, these results suggest that income management did not alter consumption patterns as intended, but instead increased financial stress and reduced family functioning.

VIII. Conclusion

Relative to Canada, New Zealand, and the United States, Australia stands out for its use of welfare quarantining as a key strategy intended to enhance the wellbeing of Indigenous communities. Income management—similarly to other forms of conditional cash transfers—aims to improve welfare by creating a healthy consumption environment. Currently, the Australian Government is actively extending its income management policy beyond Aboriginal communities. A new program has been rolled out universally in the NT, and several place-based programs are being trialed in other states to address entrenched disadvantage and high-risk consumption patterns. In some cases, income management is voluntary; in others it is compulsory.

While conditional cash transfer programs have been subjected to rigorous evaluation, there is little credible evidence regarding the impact of income management. We provide the first causal evidence linking income management to a key policy target—school attendance. In contrast to the policy's objectives, we find no evidence that school attendance increased after the introduction of income management. In fact, we estimate that attendance fell by three percentage points, or 4.7 percent, on average, in the first five months after the introduction of income management. This drop in attendance does not appear to be due to other policy initiatives or to changes in either geographic mobility or school enrollment patterns. Rather, we argue that the administrative rules governing access to benefit payments have resulted in income insecurity, an unintended consequence of the policy. Combined, the policy's side effects appear to have led to increased family stress. Our findings echo those of Gennetian et al. (2016), who find that students receiving food stamps have disproportionately more behavioral problems at the end of the month when they are most likely to be subject to food insecurity.

Of course, the failure of income management to improve student attendance does not necessarily rule out other positive social and economic outcomes. If income management did meet other key objectives (for example, lower substance abuse), however, then it is puzzling that we do not observe any improvement in school attendance over the study period given the likely link between these outcomes and school engagement. More broadly, the overall trend in school attendance between 2006 and today (He et al. 2018) suggests that the NTER and the many policies that followed failed to lift attendance rates in remote Aboriginal communities.

Taking a broader perspective, a key takeaway message of our research is that program implementation matters. Consistent with Cameron and Shah (2014), our results suggest that policymakers should pay careful attention to the erosion of social capital when implementing new programs. This is particularly true in Aboriginal communities, where attempts to reduce disadvantage through increased social mobility may put social and cultural capital at risk (Walter 2015). Income management also provides an interesting case study for understanding how weak program fidelity may not only undermine the benefits to social welfare reform, but may also have harmful consequences. Of particular concern is the potential for these harmful effects to disproportionately affect vulnerable groups. In particular, we find that the school attendance penalty was larger for secondary school students, who already have disproportionately low attendance rates (He et al. 2018). At the same time, we find that income management affected not only vulnerable groups, but also had a lingering effect on those students with a relatively high propensity to attend school regularly. Hence, income management may have undermined the efforts of Aboriginal families who were ensuring that their children attended school more regularly.

A key question for policymakers and researchers is whether restricted welfare policies, such as income management, are preferable to cash transfers. The few studies that compare the relative performance of cash versus in-kind transfers, usually in the context of food consumption and nutrition, find little evidence that one mode of delivery is superior to the other (Gentilini 2016). At the same time, non-cash transfers are often associated with high administrative costs.

The cost of administering income management was \$451 million (AUD) between the 2007–2008 and 2009–2010 financial years, or approximately \$20,700 per incomemanaged person.³⁵ Further research is needed to understand whether or not this cost is offset by other social benefits beyond increased school attendance or whether, as some experts have argued (Altman 2016), these resources could be redeployed more productively to enhance the well-being of Indigenous Australians.

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^{35.} Figures on the cost of income management are reported in Buckmaster, Eye, and Klapdor (2012) based on budget papers available at www.budget.gov.au. The cost per person is calculated using the total number of persons who had been subjected to income management as of March 31, 2009 (21,763) (reported in AIHW 2010).

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