

From: [Susan Lloyd](#)
To: [Committee, Health \(REPS\)](#)
Subject: Submission into Diabetes
Date: Wednesday, 5 July 2023 10:27:10 AM

Dear Minister, I am type 2 diabetes, being diagnosed since 2021 and have tried to manage my diabetes, unsuccessfully by lifestyle and diet changes. I am adopted and therefore don't know my genetic propensity to diabetes but am estimating that both my birth parents were also type 2 diabetic.

I have monitored my diabetes with the regular finger prick but I have found that it doesn't give me enough feedback on my blood sugars and how different foods and drinks impact on my sugar levels. I bought 3 Librelink sensors which last for 2 weeks and give instant feedback as to the impact of exercise, food and drink intake on my blood sugars. As type 2, I am not covered under current Government policies and programs for a subsidy for these monitors unlike type 1 consumers. Each sensor cost me over \$100 and so I try and spread out my use of the monitor so I can maximise the length coverage across the year.

The sensor represents an advancement in monitoring and management of my type 2 diabetes but it is not affordable on an ongoing basis unless it becomes subsidised. If I can continue to manage and monitor my type 2 diabetes effectively, I will remain well and out of the health system which could cost radically more if I was unable to manage and monitor effectively.

I urge the Government to consider subsidising sensors for all diabetics (type 1 & 2) and for those who are potentially on the cusp of diabetes so they can take action before they fall into being diabetic. Surely prevention is more affordable than long term treatment as there is no absolute cure.

with thanks Susan Lloyd FAICD
Royal Australasian College of Surgeons Cardiothoracic Board - independent member
Safer Care Victoria contractor