



Re Australia Post's treatment of ill and injured workers.

Dear Sir/Madam,

My name is [REDACTED] I reside at the address above. I am 62 years of age. I am employed by Australia Post as a Postal Transport officer (part time).

I am appalled by Australia Post's treatment of injured workers and in particular their practice of going from one doctor to another particularly if the first doctor the employee has seen has given them time off to allow the employee to recover.

Let me relate my own experience.

In 2007 I was doing my usual job of clearing mailboxes in the [REDACTED] area and at a mailbox outside the [REDACTED] I tripped on the kerb falling to the ground where I hit my head on the pavement. I didn't realise at the time that I had cut my forehead and blood had run down the side of my face. I felt a little dizzy but decided to continue and complete my job.

On returning to my depot in [REDACTED] my supervisor saw me and indicated that I looked seriously injured and that he would take to hospital, which was the [REDACTED] My supervisor took with him a document which indicated Australia policies for injured workers and that it was likely that suitable duties could be found.

The doctor proscribed 2 days off to recover, and ensured that this was faxed to my supervisor.

The following day my supervisor rang me and said you will have to go to another Aust Post doctor, when I enquired as to why, it was indicated that maybe the doctor I had seen at the [REDACTED] did not fully understand the duties that Aust Post could provide. Since I had seen the doctor take her time reading the document she had been given by Aust Post., I concluded that my supervisor was simply "doctor shopping" to get the result they wanted without regard for my health. I refused the instruction to attend another doctor.

Many would not have been so robust in defence of their position and often are forced back to work when unfit purely to reduce Posts Lost Time Injury statistics, and also to enhance management bonus's

[REDACTED]