# Sex Discrimination Amendment (Sexual Orientation, Gender Identity and Intersex Status) Bill 2013

# April 2013

## **Rainbow Families Council**

We are a volunteer community organisation based in Victoria, Australia. We support and promote equality for 'rainbow' families (parents and prospective parents who identify as lesbian, gay, bi, transgender or intersex, and their children).

http://www.rainbowfamilies.org.au/

# **Summary**

The Rainbow Families Council makes this submission to the Senate Legal and Constitutional Affairs Committee regarding the Sex Discrimination Amendment (Sexual Orientation, Gender Identity and Intersex Status) Bill 2013 (SDA Bill). We commend the Australian Government for proceeding with the introduction of these new protections for sexual orientation, gender identity and intersex. We support this as an interim measure while Government considers the Human Rights and Anti-Discrimination Bill 2012 (HRAD Bill) further but note the importance of the broader reform to human rights legislation. We request that the HRAD Bill be broad passed in the Winter session of Parliament as a priority.

## About the Rainbow Families Council

Our members are families and prospective families which include lesbian, gay, bisexual, transgender or intersex people. We promote inclusion, law reform and safe and healthy families. Freedom from discrimination, or avenues for redress where it occurs is a fundamental component of our growing confidence, resilience and happiness as rainbow families and in the best interests of our children.

#### Our work

Love Makes a Family was the community advocacy campaign of the Rainbow Families Council that ran from 2004 until 2010. Founded in 2004, Love Makes A Family aimed to provide a community response to the Victorian Law Reform Commission's initial consultation paper on Assisted Reproductive Technology and Adoption. The campaign was originally coordinated through the Fertility Access Rights Lobby, at that time a working group of the Victorian Gay and Lesbian Rights Lobby. At the third Rainbow Families Conference in September 2006, the interim Rainbow Families Council was created to replace Fertility Access Rights Lobby, and Love Makes a Family became the campaign of the Rainbow Families Council. The campaign for adoption law reform continues today under the banner of Love Makes A Family.

We also produce resources and information to support rainbow families, including our highly popular posters on different family structures which have been distributed to child care centres, schools and other places where families and children congregate. We organize social events for rainbow families in Melbourne, hold information stalls at LGBTI events and have held a number of Melbourne based conferences for rainbow families over the years.

#### Research

There is a significant body of research from Australia and overseas that has compared the outcomes for children raised in same-sex and opposite-sex parented families. The research consistently shows that children raised in same-sex parented families do at least as well as children in opposite-sex parented families.

The following is a summary of what research tells us, with some references below:

#### **About Children**

Studies show there is no difference between the children raised by same-sex and opposite-sex parents in terms of their:

- intelligence and academic and physical competence, as measured by teachers
- emotional function, either as children or adults in particular, adult offspring of samesex parents show no greater incidence of stress, anxiety or depression
- psychological or behavioural development
- sexual orientation children raised by same-sex parents are no more likely to identify as lesbian or gay in adulthood than children raised by opposite sex parents.

## **About Lesbian Mothers**

The research shows that lesbian parents:

- tend to spend longer planning families and considering decisions about use of donors
- are equally as nurturing as heterosexual mothers.
- encourage relationships with grandparents and extended family and deliberately include male family members.
- have no higher risk of mental health problems, including stress, anxiety, depression, than heterosexual mothers.
- are almost universally honest with their children about the way they were conceived
- tend to share parenting tasks in a flexible, supportive and egalitarian way which has a positive effect on outcomes for children.

# **About Gay Fathers**

There is less research on outcomes for children raised by gay men, but what there is tells us that:

- children of gay parents show no difference in emotional, psychological and behavioural development or in social activities, problem solving ability and levels of autonomy to that of children raised by opposite-sex parents
- the sexual orientation of children is no different to that of children in opposite-sex parented families
- gay fathers tend to be more egalitarian in the division of parenting roles and responsibilities than opposite sex parents

# **About Relationships and Bullying**

- Children of same-sex parented families often form positive relationships with their peers and extended family
- In general, children of same-sex parents are no more stigmatised than other children however, there is evidence to suggest some children experience peer group hostility.
- A number of studies have reported bullying of children of same-sex parents
- Parents report a using range of methods to deal with bullying and overcome a homophobic environment.

- Despite a significant level of bullying, children in same-sex families develop effective peer relationships and have the same levels of emotional functioning.
- Children raised in same-sex families tend to demonstrate a greater acceptance of difference generally. Teachers report these children may be more tolerant, broadminded and empathetic.

## References

This research summary was based on the following literature reviews and studies:

- the Victorian Law Reform Commission Occasional Paper Outcomes for children born of Assisted Reproductive Technologies in a Diverse Range of Families, written by Dr Ruth McNair (2004).
- the Australian Psychological Society's paper Lesbian, Gay, Bisexual and
   Transgender (LGBT) Parented Families A Literature Review prepared for The
   Australian Psychological Society by Elizabeth Short, Damien W. Riggs, Amaryll
   Perlesz, Rhonda Brown and Graeme Kane (2007) See
   http://www.psychology.org.au/Assets/Files/LGBT-Families-Lit-Review.pdf
- Guasp, A (2010), <u>Different families: The experiences of children with lesbian and gay parents</u>, Centre for Family Research, University of Cambridge. Available on the Stonewall website
  - http://www.stonewall.org.uk/what\_we\_do/research\_and\_policy/4171.asp
- Gartrell, N and Bos, H (2010), <u>'US National Longitudinal Lesbian Family Study:</u>
   <u>Psychological Adjustment of 17-Year-Old Adolescents'</u>, Pediatrics, published online
   June 7, 2010. See
  - http://pediatrics.aappublications.org/content/early/2010/06/07/peds.2009-3153

# Response to the Bill

# Importance of Commonwealth recognition

The Rainbow Families Council welcomes the inclusion of the grounds of sexual orientation, gender identity and intersex status in federal anti-discrimination legislation. Inclusion of these grounds in state legislation has been an important development in human rights protection for our communities.

We recognise that anti-discrimination protection has contributed to cultural change and better acceptance of LGBTI people and their families, so extending it to matters where Commonwealth law applies is an important next step.

## **Religious Exceptions**

Unfortunately, a common feature of resistance to rights for LGBTI people in Australia has been discomfort or downright antagonism to the idea that we will have children in our care. This has emerged in marriage equality debates and in reform to parenting legislation at the State level. Very often, these views are tied to statements of religious affiliation or belief. But is it really about religion? Fundamentally, it appears to be expressed more in terms of prejudice, ignorance and fear. We are therefore disappointed that blanket exemptions for faith based organisations are present in the legislation.

We understand the importance of balancing the right to expression and nurturance of religious and spiritual doctrines and principles. However, these rights need to be balanced against the rights of minority groups to engage in all aspects of society without fear of prejudice, barriers to accessing mainstream services or outright exclusion. The language of exclusion, fear, misunderstanding and judgementalism in some of the submissions made in the senate inquiry on the HRAD Bill make this point very well. Where these views extend beyond individuals to organisations that provide services using Commonwealth funding, then they should not be permitted to rely on religious doctrine or beliefs to nurture discriminatory ideas and practices.

The faith based organisations and groups who have embraced the notion of human rights and acceptance, have challenged themselves to distinguish between doctrine and prejudicial or ignorant views about minority groups. All religious groups should be encouraged and supported to do this. If this is unpalatable, then we support the call for a more transparent system of exceptions, such as through applications for temporary exception to the Australian Human Rights Commission and the requirement for organisations seeking to discriminate on the grounds of doctrine to provide publicly accessible versions of the relevant aspects of their doctrine to justify this. We also note that in Tasmania, where despite a quite recent history of state supported discrimination and vocal anti-LGBTI sentiment from some faith based organisations, their anti-discrimination legislation does not let religious organisations off the hook. Neither should the Commonwealth legislation.

## Services provided by faith based organisations

Rainbow families access a huge range of education, health, counselling, mediation and other services as their children grow. Some children and parents report experiences of peer hostility or discrimination from organisations because of their family structure. When families

are accessing support or mediation services during times of family stress, the last thing they want is to have to justify their choices about having children with a same sex partner or be excluded on the arbitrary basis of their alternative family structure. Without positive programs of inclusion, built on a strong foundation of anti-discrimination legislation, some parts of our community will continue to become isolated, unsupported and vulnerable. Raising children is difficult and all families need all the support they can get.

Recently family dispute resolution centres funded by the Commonwealth government have begun consulting rainbow families to find out how they can make their services more accessible and relevant to our communities. We hope that this legislation will support other Commonwealth government agencies and funded services to continue this engagement with our families, resulting in equitable treatment and preventing or responding to discriminatory practices where they occur. However, if some agencies that happen to be run by faith based organisations are exempt, then families in stress may face discrimination from service providers and be unable to complain about it. Rainbow families have experienced significant changes in their legal rights and responsibilities in recent years and increasingly expect (and indeed often receive) welcoming, inclusive and appropriate help from health and welfare services. They will be outraged when others providing similar services are able to justify their poor approach through religious exemptions when they fail to provide a service to rainbow families or refuse to employ a rainbow family member.

## Recommendations

- All Commonwealth government funded services providing services to LGBTI people are subject the anti-discrimination legislation, including religious organisations.
- 2. Where a religious exemption is allowed, it should not be untested or absolute. Religious organisations wanting to discriminate should provide publicly accessible versions of the relevant aspects of their doctrine relied on to justify discrimination.
- 3. A Commissioner responsible for Sexual Orientation and Gender Identity discrimination is appointed.
- 4. The revised HRAD Bill is introduced in the Winter sittings of the federal parliament.