

To: [Committee, Health \(REPS\)](#)
Subject: Form Submission - Inquiry into Long Covid and Repeated Infection Submission
Date: Wednesday, 19 October 2022 5:21:52 PM

What is your experience of being a patient in Australia of long COVID and/or repeated COVID infections, particularly regarding diagnosis and treatment?: My two school age children and husband have now been infected at least twice, and I have been infected once. Each time the family was infected it was via the children's school. My husband and children are all asthmatic. But it isn't just the fact they are asthmatic that I am concerned about. The research shows very clearly that the more one is infected, the more likely they are to suffer Long Covid or other health conditions. There is nothing I can do to keep my children (and family) safe from catching Covid again and again if I continue to send them to school. There are no genuine risk mitigations in place in NSW schools. No CO2 monitoring or air filtration.

What have the health, social, educational and economic impacts been for you, in relation to long COVID or repeated infection? Has there been an impact on your family or community?: My children have brought Covid home from school where it has spread among the family. So far, none of us has suffered any long term health condition (as far as we are aware), but we live with the very real risk of one of us getting Long Covid sooner or later. And the more times we are infected the more likely this is to happen. We also live with the awareness that the long-term consequences of this disease are still unknown.

What specific actions would you like to be taken in relation to Long Covid and Repeated infection, that would positively impact the situations you have outlined above? : Compulsory CO2 monitoring in all public indoor spaces, with schools and childcare given first priority.

Enforceable national air standards (under 850 ppm).

Where this is unable to be maintained, compulsory air filtration (HEPA) or mechanical ventilation.

Masks on public transport.

I would like the Inquiry to contact me to discuss privacy and confidentiality options for my submission: Yes