Inquiry into the Use and Marketing of Electronic Cigarettes and Personal Vaporisers in Australia Submission 12

Hi,

We've (my partner and I) have been vaping for 4 years come this July. Vaping has definitely helped me quit cigarettes when all other attempts had failed using patches, gum, zyban, hypnotherapy, inhalers & mouth spray.

Over these 4 years I have drastically dropped my nicotine level down to 2mg and am very confident that in the not too distant future I will be nicotine free. I'm honestly very thankful that vaping came along because without it I know I'd still be smoking cigarettes and I'd probably have some major health issues if not dead.

I have a young family and can now run around with them but before when I was smoking I just couldn't do it and was very depressed. I also smell better which the kids love.

I'm not the best at writing letters but this is my short story and just hope the government can allow me and my family to live a happier, healthier & cleaner life.

Thank you for your time.