

**To:** [Committee, Health \(REPS\)](#)  
**Subject:** Form Submission - Inquiry into Long Covid and Repeated Infection Submission  
**Date:** Thursday, 13 October 2022 10:12:01 PM

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: My experience of Long Covid is my father was infected in April wave, in spite of his best efforts at wearing masks indoors and being fully vaccinated. His initial infection was moderate, starting off very mild in the first week, but moving to a severe cough in the second. He got over it in the third week. But a month or so after infection, he became so breathless every day that he couldn't do his daily activities (he was very active prior) and even struggled to go up and down his stairs. I have taken him to lung specialist, who advised cardiology, but nothing new seems to account for the breathlessness. It is beginning to get better now (October) with time, but still not at pre-Covid health at all.

: My father has had his health impacted greatly by long Covid in that he has been too breathless to carry out his usual active lifestyle. He has only just begun his daily walking and sporting activities again at a lower pace (6 months after his Covid infection). I have had to take time off work to take him to specialists & scans etc, and he has not been able to do the child-caring roles to the extent he was before. He seems to be slowly improving, but not sure yet.

: The most important actions I would like taken is: 1) To give us more autonomy to access boosters. It seems Govt is happy to experiment with constant reinfections on our body; but won't allow us to take our chances with vaccination when early results come in. This is crucial for us; 2) to reduce the transmission of Covid in the community. We are extremely concerned about the lack of any control and how that affects both my elderly parents being able to live a normal life (including my father with long Covid); and the reinfections happening at school with the children in our family. All the kids are on second infections with no mitigations at all at school, & no boosters allowed. We all strongly believe that a minimum amount of iso should have been left as a basic disease control measure. 3) community EDUCATION CAMPAIGN about the latest research on the risks of Covid and how we can be protected. This is urgently needed as most people I know wrongly believe Covid is benign. They have a right to make INFORMED decisions about their health based on evidence, not delusions.

**I would like the Inquiry to contact me to discuss privacy and confidentiality options for my submission:** No