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To whom it may concern:

I am sad and concerned to hear that the number of sessions for patients in Psychological treatment will be reduced from a maximum of 18 sessions per calendar year to maximum 10.

This will be a blow to a lot of my patients I am treating currently. For clients who need regular psychological treatment (not medical) 12-18 sessions has been a workable practice.

As Clinical Psychologists we are highly trained to treat mental illness in an effective way.

Our psychotherapeutic work helps our patients to stay out of Psychiatric Hospitals, to look after their families and go back into the workforce.

The anticipated reduction to 10 sessions per year will likely lead to a mental instability and hospitalization for a few of my patients.

Also in terms of monetary terms, I would say that Psychological Treatment is more cost effective than psychiatric hospital beds/ treatment.

Your very concerned

Elisabeth Roeder