

> Every time I go and do my shopping for groceries, consumables or  
> bathroom items, it is a real inconvenience to try and avoid products  
> containing palm oil. It's also an oil high in saturated fat which I am  
> keen to avoid. So in this time of convenience, I should have the  
> convenience and ease to avoid buying products with palm oil and not  
> trying to look for products containing "hydrated palm glycerides" or  
> "elaeis guineensis". So instead of the old fashioned, generic "vegetable  
> oil" label, change labelling laws to specify the specific oil used -  
> particularly palm oil. And whilst I'm writing this, I'd love to see a  
> traffic light system on manufactured food products so I can easily  
> determine which products are high in sodium, fats and/or unnatural  
> preservatives. The easier to understand the system, the better informed  
> the consumer. And the better informed the consumer, the easier it is to  
> make better, healthier decisions. A result all Australians will benefit  
> from.