

**Committee Secretary  
Senate Standing Committee on Environment, Communications and the Arts  
PO Box 6100  
Parliament House  
Canberra ACT 2600  
Australia**

**Re: Senate Inquiry into Australia Post's treatment of injured and ill workers**

Name: [REDACTED]

Mail Officer, 21 years

[REDACTED] Letters Facility [REDACTED]

Commenced work at Australia Post on [REDACTED] 1988.

1<sup>st</sup> Injury: [REDACTED] 2001 - Left and right shoulder and left upper limb.

Cause of the Injury – while working on Spectrum 10 machine.

2<sup>nd</sup> Injury: [REDACTED] 2002 – Left hand, left wrist and left forearm then developed to the Right upper limb.

Cause of the Injury – while forced to work on a moving conveyor belt.

My treating doctor gave me a week time off. Australia Post forced me to see their facility nominated doctor (FND) for assessment. I did see their FND even if I was on sick leave.

The FND told me that I must return work immediately on restrictions, and he will ring my treating doctor because he does not agree with him.

I followed my treating doctor's advice because he told me that if I return work immediately my medical condition will get worst.

Australia Post initially accepted my claims except incapacity payments (sick leave). As a matter of fact I have not received most incapacity payment (sick leave) each time I took sick leave as a result of my work related injuries and condition. They do not recognise my treating doctor/s medical certificates.

Then we had disagreements with Rehabilitation. This leads me to suffer further multiple and chronic injuries because of the way they were managing my injuries and medical condition. My treating doctor/s advice/opinions are totally ignored to the point that they would attempt to change them. Australia Post Rehabilitation just wanted me to upgrade my duties quickly so I return to normal duties.

My disagreements with Australia Post Compensation and Rehabilitation and Human Resources department about 'rehabilitation program' became really bad. I have been subjected to Code of Ethics (disciplinary issues), and regular harassments at my workplace because of rehabilitation or duties, what I can and cannot do. I have suffered anxiety attacks which then led to my mental/psychological illness. All these matters are still outstanding and currently at the hands of the AAT.

Because of our disagreements over rehabilitation, Australia Post terminated my employment on [REDACTED] [REDACTED] 2008. My well-being has been totally destroyed and my young family has suffered enough especially when I abruptly lost my job. I am willing to fully participate in the Inquiry, but would seek assistance of an Interpreter.

[REDACTED]