

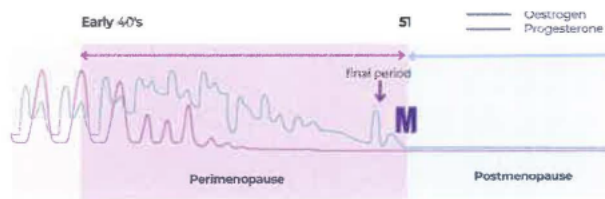
# Inquiry into issues related to menopause and perimenopause

Witness Dr Louise Tulloh, viv Health (submission 5). Sydney 17.6.24

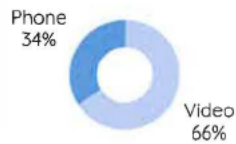
viv Health is a telehealth medical service for women experiencing menopause that offers synchronous and asynchronous care, symptom monitoring, prescription management and curated content.

We have heard from our patients that access to reliable information and personal medical advice is restricted by either geography or expertise. Even when they receive appropriate prescriptions, they may not have had their concerns addressed and many still lack confidence in that advice.

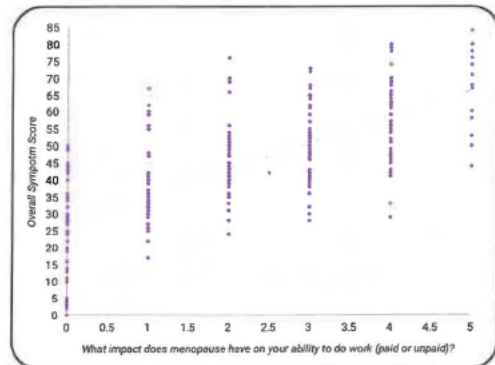
## Midlife hormonal journey



## viv patient distribution and mode of TH consult

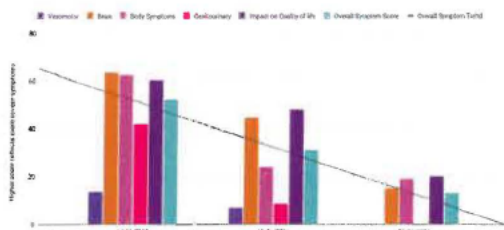


## What viv patients tell us about impact on work



## Individual results (sample viv patient report)

Showing symptom tracking in an individual patient



### What does this mean?

At viv health, we closely monitor symptoms severity and changes over time. This is important to assess your response to any medications you have been prescribed and to help inform the best care for you going forwards. Different categories of symptoms tend to occur at different stages of menopause. They can also respond differently to treatment.

### Symptom categories



## Aggregated viv results

% improvement if reported "moderate or severe" at baseline in viv Health patients after TH consult and 6 wks on a treatment plan

