

To: [Committee, Health \(REPS\)](#)
Subject: Form Submission - Inquiry into Long Covid and Repeated Infection Submission
Date: Sunday, 16 October 2022 11:31:39 AM

: Being a patient suffering Long Covid in Australia is horrendous.

Diagnosis is very slow, GP's are hard to book, there is no real knowledge and no real diagnosis. No medication to help symptoms because they are simply thought they will eventually resolve after months of suffering.

Just over 3 months now and all I have been directed to do is take Vitamin C and Zinc with 30min daily exercise. Which seems to be doing nothing for my inflammation fatigue and malaise.

: My health issues suffered after contracting Covid-19 have affected my family as they need to take on a lot more responsibility and work for the household. It's impacted their ability to live a normal life due to my sickness.

Luckily I have a fair amount of sick leave to cover my work absence. This has meant I was able to be sick for over 3months without being too adversely affected financially. However it has had a notable negative impact on my career development and my team around me.

: The government Must Open up today more Long Covid clinics such as the one at St Vincent and The Wesley Hospital.

We need help and we need it now. We need to be able to have proper medical care on an ongoing basis with positive outcomes.

There is much research around the world that needs to be taken into account as many countries have been dealing with this longer than Australia. Most importantly we need answers today. The world developed vaccines in under 2 years, I am confident we can have a medical resolution to this disease by now and definitely by 2023.

The numbers of Long Covid sufferers will rise and I pray that it doesn't happen too fast as our medical system will not cope after infection.

I would like the Inquiry to contact me to discuss privacy and confidentiality options for my submission: No