



OAKDENE HOUSE

FOUNDATION

"Changing lives"

OAKDENE HOUSE FOUNDATION

Oakdene House is a non-profit registered charitable organisation established to assist sufferers of the debilitating consequences of addiction including, problem gambling and alcoholism. In addition, support and guidance is also provided to family and friends of sufferers.

OAKDENE HOUSE

Recognises alcoholism and problem gambling are a mental illness.

SERVICES OFFERED

- Short term assessment and recovery preparation for sufferers of addiction.
- Support and guidance for addicts, families and significant others.
- Group therapy for addicts, families and significant others in recognition of the impact of addiction.
- An Outpatients Program.
- Financial Counselling.

OTHER SERVICES

- Alcoholics Anonymous meetings
- Gamblers Anonymous meetings
- Gam Anon meetings (Help for family members)
- AI Anon meetings (Help for family members)
- 12 Step/Traditions meeting
- Multi-lingual Services available

THE OUTPATIENTS PROGRAM

The Outpatients Program is a structured rehabilitation program committed to recovery.

- The program offers self-directed and facilitated, individual and group sessions.
- Clients are encouraged to attend 12 Step meetings during and post clinical treatment.
- Oakdene House Outpatient program revolves around complete abstinence.
- Individual therapy sessions are modulated, providing the client the opportunity to follow their own path and to direct their own recovery, according to their needs.
- Group sessions provide therapeutic and practical tools to skill clients in managing the financial, emotional and spiritual maintenance of their day-to-day lives.

Oakdene House supports clients to abstain from their substance of dependence through self-directed, therapist and peer-supported programs of recovery.

Our Counsellors are accredited AOD/ mental health counsellors, specialising in addictions.

All Services at Oakdene House are at no cost.

For help and information call the
Oakdene House Foundation

Monday - Friday
Phone (02) 8717 0999
1 Dale Street, Fairfield
NSW 2165

www.oakdenehouse.org.au
abn 90 151 950 926

For after hours assistance contact
gambling help 1800 858 858

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A decorative graphic at the bottom of the page consisting of two overlapping teal shapes. The top shape is a large triangle pointing upwards from the left, and the bottom shape is a smaller, similar triangle pointing upwards from the left, partially overlapping the first one.