

From: Paul Versteeg

I submit the following information in response to qa question I took on notice in the Quality of Aged Care hearing on 5 March 2018.

Nutrition in nursing homes recently got media exposure on the back of the following study: 'What does it cost to feed aged care residents in Australia?' - <http://onlinelibrary.wiley.com/doi/10.1111/1747-0080.12368/full> .

While that study is mainly about cost and quality of the food offering in nursing homes, it references two studies on nutrition:

1.Oral Health and nutritional status in nursing home residents - results of an explorative cross-sectional pilot study - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5282867/>

2. <http://www.jnursinghomeresearch.com/784-poor-nutritional-status-is-associated-with-worse-oral-health-and-poorer-quality-of-life-in-aged-care-residents.html>

Another study:

Nutritional Vulnerability in Older Adults: a continuum of concerns - <https://www.ncbi.nlm.nih.gov/pubmed/26042189>

I also refer to The Lantern Project - <http://thelanternproject.com.au/> -, which is not a study but does do good work in the area of researching nutrition in Australian aged care.