# [First name]'s NDIS Plan

NDIS number: 4343434343

My NDIS contact: Jo Smith

Local Area Coordinator (LAC) Brotherhood of St Laurence

Phone: 0403 319 917

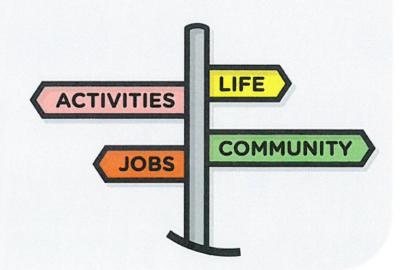
Email: josmith@brotherhood.com help@brotherhood.com

NDIA contact: 1800 800 110

NDIS plan start date: 01 June 2017

NDIS plan review date: 01 June 2018

A National Disability Insurance Agency (NDIA) representative will contact me about my plan review before: 01 June 2018







# [Name]'s Profile

## What I want people to know about me

#### Date of birth

19 June 1964

#### **Current contact details**

52 Smith Street,Melbourne 3000, VIC(03) 1234 5678

#### About me

- My MS has stabilised and I am able to do some of my self-care routine but need help.
- I have 3 children and 7 grandchildren who all live nearby.
- · My husband works full time.
- I enjoy spending time with family, going out shopping with my friends and sewing.
- I live in a house that I own.
- I go out with my friends for lunch or to do some shopping, and they often drive me.

#### Family and friends

- John Brown husband
- Jenny Doe daughter
- Jane, Sally, Jo friends

#### Services and community involvement

- Book Club
- Social Women's Group

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# [Name]'s Goals

## This is what I want to achieve

#### **Short-term goal**

I would like to get a part-time job, so that I can earn my own money and be more independent.

| How to achieve this goal   | Who will support me   |
|--|---|
| Volunteer work to build my confidence and skills in preparation for paid work. | <ul><li>Volunteer supervisor</li><li>Daughter</li></ul>   |
| Employment supports  | <ul> <li>I can use the funding in my<br/>Capacity Building Employment<br/>budget to access supports to help<br/>me prepare for and find a part<br/>time job.</li> </ul> |

#### Short-term goal

I would like to be able to increase my mobility around the home so that I can take care of my grandchildren 1 day a week whilst my daughter works.

| How to achieve this goal   | Who will support me  |
|--|--|
| Assessment of my home to identify potential home modifications and assistive technology to increase my mobility around the home. | <ul> <li>I can use funding in my Capacity<br/>Building Daily Activity budget for<br/>an assessment of my home and<br/>mobility needs.</li> </ul>   |
| Minor Home Modifications and assistive technology  | <ul> <li>I can use funding in my Capital – Home Modifications budget to engage a builder to make minor home modifications to my home.</li> <li>I can use funding in my Assistive technology budget to purchase mobility equipment recommended by my assessment.</li> </ul> |

Name: [Name]

## Long-term goal

I would like to be independent in my morning and evening routines so I can go on holiday with my friends.

| How to achieve this goal  | Who will support me  |
|---|--|
| Learn new techniques for simplifying my routines and conserving energy. | <ul> <li>I can use funding in my Capacity<br/>Building Daily Activity budget to<br/>engage a therapist to develop a<br/>program aimed at conserving<br/>energy and simplifying my daily<br/>routines.</li> </ul> |
|   | <ul> <li>My husband will support me to<br/>practice my program daily.</li> </ul>   |

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# [Name]'s Funded Supports

## My funded supports will help me achieve my goals

#### Managing my NDIS funding

There are a three different ways funding can be managed which are listed here:

- **Self-Managed:** I will claim funding from my NDIS plan to pay providers myself. Providers will invoice me directly for supports I have agreed they will provide. My plan nominee or child representative may do this on my behalf.
- Plan Managed: My plan management provider will make claims and pay providers on my behalf for supports I have agreed they will provide.
- NDIA managed: Providers will claim payment directly from my NDIS plan based on active service bookings. Where supports are NDIA managed, I can only use an NDIS registered provider of supports.

Your funding may be managed in one or more of these ways and will be stated in the breakdown of your funding on the following pages. Refer to the NDIS price guide for full details of supports and prices.

#### Stated supports

Where a support is listed as 'stated' in my plan, I must purchase this support as described in my plan. I cannot swap 'stated' supports for any other supports.

#### **Quote required**

Where a support is listed as 'quote required' additional information such as quotes and/or specialist reports will be required before funding can be made available in my plan.

For more information contact your NDIS Contact or Local Area Coordinator (LAC).

Name: [Name]

## **Total Funded Supports**

\$40,634

For 01 June 2017 - 01 June 2018

#### **Core Supports**

#### Goal/s my Core Supports funding can help me achieve:

I would like to get a part-time job, so that I can earn my own money and be more independent.

| Core Supports   | Budget   |
|---|----------|
| My Core Supports funding can be used flexibly across the following sub categories:  | \$20,000 |
| <ul> <li>Assistance with Daily Life (Daily Activities)</li> <li>For example support with self-care, household cleaning and/or yard maintenance.</li> </ul>                          |          |
| <ul> <li>Consumables         For example, interpreting services, continence products or low cost, low risk equipment to improve independence and/or mobility.     </li> </ul>       |          |
| <ul> <li>Assistance with Social and Community         Participation         For example, a person to support you to participate in social and community activities.     </li> </ul> |          |
| My \$20,000 Core Supports funding will be NDIA managed: The NDIA will pay my support provider directly for my supports.   |          |
| Transport Includes support to get to work or travel to participate in social and community activities.  | \$2,472  |
| My \$2,472 Transport funding will be self-managed: I will claim funding from my NDIS plan to pay providers myself.  |          |
| Total Core Supports   | \$22,472 |

Name: [Name]

## [Name]'s Funded Supports Continued...

#### **Capacity Building Supports**

My Capacity Building supports are intended to build my independence and reduce my need for the same level of support into the future. My progress and outcomes from these supports will be shared at each plan review.

#### Goal/s my Capacity Building Supports funding can help me achieve:

- I would like to be able to increase my mobility around the home so that I can take care of my grandchildren 1 day a week whilst my daughter works.
- I would like to be independent in my morning and evening routines so I can go on holiday with my friends.

#### My Capacity Building funding can be spent in the following ways:

| Capacity Building Supports  | Budget   |
|---|----------|
| Improved Daily Living (CB Daily Activity)   | \$2,500  |
| Assessment by an occupational therapist to identify and provide a quote for minor home modifications including ramps between split level living areas and a ramp from the house to the back garden. |          |
| Development of a program aimed at conserving energy and simplifying my daily routines.  |          |
| My Daily Activity funding will be NDIA managed: The NDIA will pay my support provider directly for my supports.   |          |
| Finding and Keeping a Job (CB Employment)   | \$10,662 |
| Supports to help me find and keep a job.  |          |
| My Employment funding will be NDIA managed: The NDIA will pay my support provider directly for my supports.   |          |
| Total Capacity Building Supports  | \$13,162 |

Name: [Name]

## [Name]'s Funded Supports Continued...

#### **Capital Supports**

#### Goal/s my Capital Supports funding can help me achieve:

I would like to be able to increase my mobility around the home so that I can move around independently and take care of my grandchildren 1 day a week whilst my daughter is at work.

#### My Capital Supports funding can be spent in the following ways:

| Capital Supports  | Budget  |
|---|---------|
| Home Modifications  Funding for 2 ramps inside and 1 ramp outside the home.  Funding included pending quotes. Any new modifications recommended following the assessment will be considered upon receipt of a quote.  My Home Modifications funding will be NDIA managed: The NDIA will pay my support provider directly for my supports. | \$0     |
| Assistive Technology Funding to purchase a pressure mattress.  My Assistive Technology funding will be NDIA managed: The NDIA will pay my support provider directly for my supports.  | \$5,000 |
| Total Capital Supports  | \$5,000 |

Name: [Name]



## Find out more

## Who to contact if I need information or help with my plan

#### My NDIS contact:

Jo Smith

Local Area Coordinator Brotherhood of St Laurence

Ph: 1234 5678

E-mail: josmith@help.com
Or brotherhood@help.com

## My next plan review date:

1 June 2018

A National Disability Insurance Agency (NDIA) representative will contact me about my plan review before my plan review date.

#### Important changes

If something important changes (or is going to change), I will contact my Local Area Coordinator (LAC) (for example, moving house, starting work or school, or if my goals change).

#### Other NDIS contacts

| Name: | Contact: |  |
|-------|----------|--|
| Name: | Contact: |  |
| Name: | Contact: |  |

#### For general enquiries, contact the NDIA

| Call NDIA  | 1800 800 110  |
|--|---|
| If I use a TTY                                     | 1800 555 677  |
| If I use Speak and Listen (speech-to-speech relay) | 1800 555 727<br>and ask for 1800 800 110            |
| If I use the National Relay Service                | http://relayservice.gov<br>and ask for 1800 800 110 |

Name: [Name]