## Inquiry into Diabetes Submission 15

From: Michael Bennetts

To: <u>Committee, Health (REPS)</u>

**Subject:** Submission to get subsidy to NDDS for CGM systems

**Date:** Wednesday, 5 July 2023 9:22:33 PM

I am 71 years old, and have been a diabetic type 2 requiring 4 insulin injections per day for the last couple of years. Over the last year and a half I have been using the "Freestyle Libre 2 Sensor patch" with considerable success. It has enabled me to learn how to manage this disability with skill. I can see how my carbohydrates in my diet during the day affect my blood glucose on a continuous curve. If my blood glucose goes too high or starts to approach a dangerous low level an alarm will ring on my iPhone by blue-tooth connection.

This CGM system has allowed me to learn what choices of food to eat to flatten out the curve and achieve a good HbA1c on blood test, which measures the glycated red blood cells as a percentage. I have been able to reduce my HbA1c from 7.8% to 7.1%, a great improvement by using this technology!

This Freestyle Libre 2 system transfers each scan of the patch not only to the curve on my iPhone by blue-tooth, but by iCloud to my endocrinologist and credentilised diabetic nurse at Cabrini Hospital Malvern making it a very comprehensive system.

I have been buying these sensor patches by subscription for \$204 / month with NO subsidy from NDSS. Sadly as a pensioner I can no longer afford it, and have had to revert finger pricking multiple times a day for a blood glucose test. Sadly it is not acceptable to do a blood test in a public common areas, which means I have to go into the toilets when I am away from home!

Surely the government is concerned about the welfare of its citizens, and reducing over all medical costs, where diabetic patients can be responsible to look after themselves cost effectively, requiring less medical intervention.

A subsidy for CGM (continuous glucose monitoring) by NDSS would be a great benefit to all those affected by diabetes, regardless of whether it is Type 1 or Type 2.

Kind regards, Michael Bennetts